



# Take a Weekly Mental Vacation with Ancient Indian Sand Dot Art



**WHAT will we be doing???**

**Learn to slow your Mind down .Learn the art of letting go as we  
create ancient Indian sand art.**

**WHEN???**

**Fridays 5.30 to 6.30pm**

**&**

**Wednesdays 12 to 1 pm**

**HOW to Register???**

**<https://mailchi.mp/c677fc837048/xnxpcghlwf>**

**Cost: \$27**

**Venmo:vani-shiroor**

**WHERE???**

**Hera Hub Irvine**

**16480 Bake Pkwy, Irvine, CA 92618**



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