## The Basics of Investing

## Most American Families Live in a Debt Cycle vs. a Cash Cycle

## Debt Cycle:



## Cash Cycle:



Of all the threats to your financial security, none is more dangerous than debt.

## The solution:

STEP ONE:
Learn how to invest.
Pay yourself first.
Set up three fundamental accounts.

STEP TWO: Accelerate paying off debt.
Set up a debt stacking program.

STEP THREE: Protect your income. Insure your income until you build financial independence.

# STEP ONE: Pay yourself first 

## Three Fundamental Accounts



## 1. Emergency Account

Goal: Up to three months of income for purchases within 0-2 years

- Emergencies
- Uncovered medical expense
- Major car repair


2. Short-Term Account

Goal: Up to six months of income for purchases within 3-5 years

- Reserve for unforeseen events
- Loss of job
- Down payment for a house



## 3. Wealth-Building Account

## Goal: Retirement Funds

- Roth or Traditional IRA*
- 401(k), deferred comp, TSA, etc.*
- Tax-deferred accounts*
*Withdrawals before age $59 \frac{1}{2}$ may be subject to ordinary income tax and a $10 \%$ tax penalty.
Primerica representatives are not tax advisors. For related advice, individuals should consult an appropriately licensed professional.

Based on your total investment amount, allocate:

- 50\% to your emergency account
- 25\% to your short-term account
- $25 \%$ to your wealth-building account

Once emergency and short-term goals are satisfied, add those investment amounts to the wealth-building account.
$\qquad$


# What Is a Mutual Fund? <br> One of the Most Effective Long-Term Investment Vehicles 



## Did you know the typical mutual fund holds more than 150 stocks on average?

The specific companies listed do not constitute a recommendation to buy or sell securities.
Note: Each mutual fund invests differently. Read the mutual fund's prospectuses to determine how a fund may invest and to determine its current holdings. Mutual funds are actively managed portfolios and incur advisory fees and internal management costs. The value of a fund fluctuates and, shares, when redeemed may be less than the original value. Investments in mutual funds involve risk including loss of principal. Source: Morningstar. Average based on 3,276 U.S. domestic equity open-end funds.

## Wealth Building Concepts



A GROWTH FUND invests primarily in the common stock of well-established companies. This type of fund may invest for longterm capital gains and is not intended for an investor who seeks income.

AN INCOME FUND invests in either corporate, government, or municipal debt securities. A debt security is an obligation, which pays interest on a regular basis. This type of fund is designed for investors who desire periodic income payments. There are, however, substantial differences and varying degrees of risk among income funds depending on the credit quality of the debt issuer, the maturity of the debt instrument, and prevailing interest
rates. Bond prices move in the opposite direction of interest rates. In a declining interest rate environment, the portfolio may generate less income.

A BALANCED FUND invests for both growth and income. The fund will invest in both equity and debt securities. A balanced fund seeks to provide long-term growth through its equity component as well as income to be generated by the portfolio's debt securities. The specific companies listed do not constitute a recommendation to buy or sell securities. Bond prices move in the opposite direction of interest rates. In a declining interest rate environment, the portfolio may generate less income.

1 An investment in a money market is not insured or guaranteed by the Federal Deposit Insurance Corporation or any other government agency. Although the fund seeks to preserve the value of your investment at $\$ 1.00$ per share, it is possible to lose money by investing in the fund.

2 The shorter the time frame, the more conservative an allocation should be. Market fluctuations will affect the ability of your investment to reach your desired goal in a specified period of time. The value of mutual funds fluctuate and shares, when redeemed, may be less than the original value. Investments in mutual funds involve risk, including loss of principal.

## Systematic Investing: Dollar-Cost Averaging



|  |  |  |  |  |  |  |  | Number of <br> Shares |
| :--- | ---: | ---: | ---: | ---: | ---: | ---: | ---: | :---: |
| Investor A | Month 1 | Month 2 | Month 3 | Month 4 | Month 5 | Month 6 | Accumulated <br> Invests Per share: <br> $\mathbf{\$ 1 0 0 /}$ <br> month \# of shares: | 10.00 |


| Amount Invested <br> in 6 months | Number of Shares <br> Accumulated | Avg. Cost <br> Per Share |
| :---: | :---: | :---: |
| A $\$ 600$ | 42.28 | $\$ 14.19$ |
| B $\$ 600$ | 125.95 | $\$ 4.76$ |

[^0]
## STEP TWO: Accelerate paying off debt

## Debt Stacking Can Lead to Debt Freedom

If the idea of paying off your debt seems overwhelming, consider debt stacking. They say you can eat an elephant - one bite at a time. Well, the same concept works with paying off your debt! By taking into account the interest rate and amount of debt, debt stacking identifies an ideal order for you to pay off your debts. You begin by making consistent payments on all of your debts.

The debt that debt stacking suggests that you pay off first is called your target account. There are programs you can enroll in that will automatically select your target account for you using a variety of criteria to help you get out of debt faster.

When you pay off the target account, you roll that payment into
the payment that you were making on the next target account. These extra dollars help you reduce the effect of compound interest working against you. As each debt is paid off, you apply the amount you were paying to that debt to the payment that you were making on the next target account.

Debt stacking allows you to make the same total monthly payment each month (in the example it is $\$ 2,720$ each month) toward all of your debt and works best when you do not accrue any new debts. You continue this process until you have paid off all of your debts. When you finish paying off your debts, you can apply the amount you were paying towards your debt toward creating wealth and financial independence!

| Debt Stack |  | Target Account |  |  | Extra Debt Payment Amount |  |  |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| Retail Card 1 \$220 | +\$220 |  |  |  | As each debt is paid off, you apply the amount you were paying to that debt to the payment that you were making on the next target account. |  |  |
| Credit Card 2 \$353 | Credit Card 2 | 2 \$573 | +\$573 |  |  |  |  |
| Car Loan \$551 | Car Loan | \$551 | Car Loan | \$1,124 | +\$1,124 |  |  |
| Credit Card 1 \$303 | Credit Card 1 | 1 \$303 | Credit Card 1 | 1 \$303 | Credit Card1 \$1,427 | +\$1,42 |  |
| Mortgage \$1,293 | Mortgage | \$1,293 | Mortgage | \$1,293 | Mortgage \$1,293 | Mortgage | e $\$ 2,720$ |
| Total \$2,720 | Total \$ | \$2,720 | Total \$ | \$2,720 | Total \$2,720 | Total | \$2,720 |

Without Debt Stacking
With Debt Stacking

| Payoff | $\mathbf{2 3}$ years | $\mathbf{9}$ years |
| :--- | :---: | :---: |
| Interest Saved | $\mathbf{\$ 0}$ | $\$ 130,643$ |
| Interest Paid | $\mathbf{\$ 2 1 4 , 4 4 2}$ | $\$ 83,799$ |
| Monthly Payments | $\$ 2,720$ | $\$ 2,720$ |

## Once debts are paid off, invest $\$ 2,720$ each month until age 67 - the total, given a $9 \%$ return, is $\$ 2.4$ million.*

The above examples are for illustrative purposes only. The Debt Stacking concept assumes that: (1) you make consistent payments on all of your debts, (2) when you pay off the first debt in your plan, you add the payment you were making toward that debt to your existing payment on the next debt in your plan (therefore you make the same total monthly payment each month toward your debts), (3) you continue this process until you have paid off all of the debts in your plan. In the example above, when Retail Card 1 is paid off, the $\$ 220$ is applied to Credit Card 2, accelerating its payment to $\$ 573$. After Credit Card 2 is paid off, the $\$ 573$ payment previously made on Credit Card 2 is applied to Car Loan for a total payment of $\$ 1,124$. The process is then continued until all debts are paid off. Note that the total payment per month remains constant.
*This hypothetical assumes a constant nominal $9 \%$ rate of return compounded monthly, unlike actual investments which will fluctuate in value, and does not include taxes or fees which would reduce returns. Investing begins once debts have been paid off (at age 44).

# STEP THREE: Protect your income 

## Cash Value vs. Buy Term and Invest the Difference

| Death Benefit Before Primerica | Changed to Primerica's Term |
| :---: | :---: |
| John \$150,000 | \$400,000 |
| Mary \$150,000 | \$400,000 |
| Children \$0 | \$10,000 |
| Total Coverage \$300,000 | \$810,000 |
| Monthly Premium \$295 | \$126 |
| Cash Value at Age 65: \$124,000 | Invest the Difference (\$169/mo.) = \$500,890 at age 65 |
|  |  |

Monthly premium for cash value policies is an average of whole life policies from three major North American life insurance companies for male and female, both age 30 and standard risk. Cash value life insurance can be universal life, whole life, etc., and may contain features in addition to death protection, such as dividends, interest, or cash value available for a loan or upon surrender of the policy. Cash value insurance usually has level premiums for the life of the policy. Term insurance provides a death benefit and its premiums increase after initial premium periods and at certain ages. Primerica monthly premium for 35 -year Custom Advantage policy primary (premium guaranteed for 20 years): husband ( $15 \mathrm{CAO}(35)$ ), spouse rider: wife ( $15 \mathrm{CBO}(35)$ ), both age 30, non-tobacco use, plus a child rider on two children, underwritten by Primerica Life Insurance Company. The accumulation figure reflects continued investment at the same $9 \%$ nominal rate of return compounded monthly and does not take into consideration taxes or other factors, which would lower results. This example uses a constant rate of return, unlike actual investments which will fluctuate in value. This is hypothetical and does not represent an actual investment.

## The Theory of Decreasing Responsibility



## What life insurance company do you know of that teaches people how to eliminate the need for life insurance by retirement age?

# To get where you want to be, you need to know where you are! 

## The Solution:

## Primerica's Financial Needs Analysis

- Complimentary
- Customized
- Confidential

The FNA takes a "snapshot" of your current financial situation and can help you make better choices about your money and your future. The FNA will provide you with your personalized Financial Independence Number!

## Set Up Your Program



Are you in a cash cycle or a debt cycle? Talk to your Primerica representative today about getting started on the right path. To get where you want to be, you need to take the first step. Are you ready to get started?

## 1. Implement your investment plan and pay yourself first

- Emergency account
- Short-term account
- Wealth-building accounts


## 2. Accelerate paying off debt

- Ask your Primerica representative how you can accelerate paying off your debt with debt stacking.


## 3. Insure your income

- Ask your Primerica representative how you can protect your most valuable asset: your income.

You should carefully consider a mutual fund's objective, risk, fees, charges and expenses before investing. The prospectus and summary prospectus contains this and other information about mutual funds. You should read and carefully consider this information before investing. Prospectuses are available from your PFS Investments registered representatives.

[^1]
[^0]:    Dollar-cost averaging is a technique for lowering average cost per share over time. Dollar-cost averaging cannot assure a profit or protect against loss in declining markets. Investors should consider their ability to continue to invest in periods of low-price levels. These values are hypothetical and not intended to reflect any specific market period.

[^1]:    This brochure is intended for informational purposes only and should not be construed as a solicitation to sell or offer any of Primerica's products or services. Representatives are prohibited from selling or offering to sell any product or service for which the Representative is not appropriately licensed. Representatives are not licensed to sell all products in all states/provinces. Representatives may provide products and services only in those jurisdictions where the Representative is licensed or approved.
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