

Fall 2024

# Lunch

Starters

Creamy chicken Marsala soup, gnocchi, Crimini mushroom, chopped parsley. 12 Maple leaf farms duck bao buns, pickled vegetables, scallions & hoisin sauce. 14 Crispy calamari: julienne of vegetables, green onions, sriracha sauce. 17 Spicy salmon sushi roll, forbidden rice, avocado, daikon radish, flying fish roe. 18 Jumbo lump crab cake, arugula, jalapeno, cilantro, lime, red pepper vinaigrette. 25

## Salads

With grilled chicken +10, grilled shrimp +12, seared salmon +15.

Panzanella Caesar, Romaine hearts, focaccia crouton, Pecorino Romano, anchovies, Caesar dressing\*. 12 Cobb: mixed greens, bacon, blue cheese, tomatoes, egg, avocado, croutons, onions, vinaigrette. 14 Autumn: kale, fennel, honey crisp apple, goat cheese, cranberries, pepitas, lemon maple vinaigrette\*. 16 Mediterranean salad: iceberg wedge, chickpeas, feta cheese, cucumber, red onion, hummus dressing, pita bread. 16

Cobb from the sea: crabmeat, shrimp, apple, avocado, tomato, bacon, arugula, blue cheese dressing. 29

## Sandwiches

Choice of cup of soup, French fries, sweet potato fries, steak fries, or kale chips.

Hot turkey: fresh roasted turkey, cranberry compote, house gravy, open faced sourdough toast. 16 Grilled Caprese: fresh mozzarella, prosciutto, roasted peppers, pesto, pan de casa. 17 BBQ Beef, lettuce, tomato, onion, toasted croissant. 18 Burgers: beef or vegetable, American, Swiss, cheddar, or blue cheese. 18 California wrap: crabmeat, avocado, cucumber, red pepper, wasabi aioli, whole wheat wrap. 24

### Brunch

Choice of turkey bacon, pork sausage or fresh fruit.

**Omelet:** choice of spinach, mushrooms, Canadian bacon, cheddar, or Swiss cheese. 15 **Eggs Benedict,** poached eggs, Canadian bacon & Hollandaise sauce on English muffin. 16 **Créme brulée ube pancakes,** mixed berries, bananas, whipped cream. 16 **Chicken & waffle:** matcha waffle, general Tso chicken, maple syrup. 17

### Mains

Spinach, mushroom & olives pizza, fresh mozzarella, tomato sauce, cauliflower crust. 17 Super vegetables plate: forbidden rice, sweet potatoes, kale, broccoli, Brussels sprouts, radishes. 23 BFC bowl: Jasmine rice or lo Mein noodles, stir-fried vegetables, teriyaki, chicken, salmon, or shrimp. 24 Cheese tortellini, butternut squash, cauliflower, kale, caramelized red onion, Alfredo sauce. 27

Speak to your server if you suffer from any food allergies. The kitchen will gladly accommodate special requests.