

# **HIGH FILTRATION MASKS BY** *Sasha*

## **CLEANING**

### **GOAL:**

**To remove dirt, grime, sweat and soil from mask**

### **HOW:**

**Hand wash with detergent**



**Gently hand wash when soiled**

**VS**

## **DISINFECTING**

### **GOAL:**

**To kill anything growing on or inside of mask**

### **HOW:**

**Steam for 15 min over boiling water  
or  
In your Instapot on “sanitize” mode**



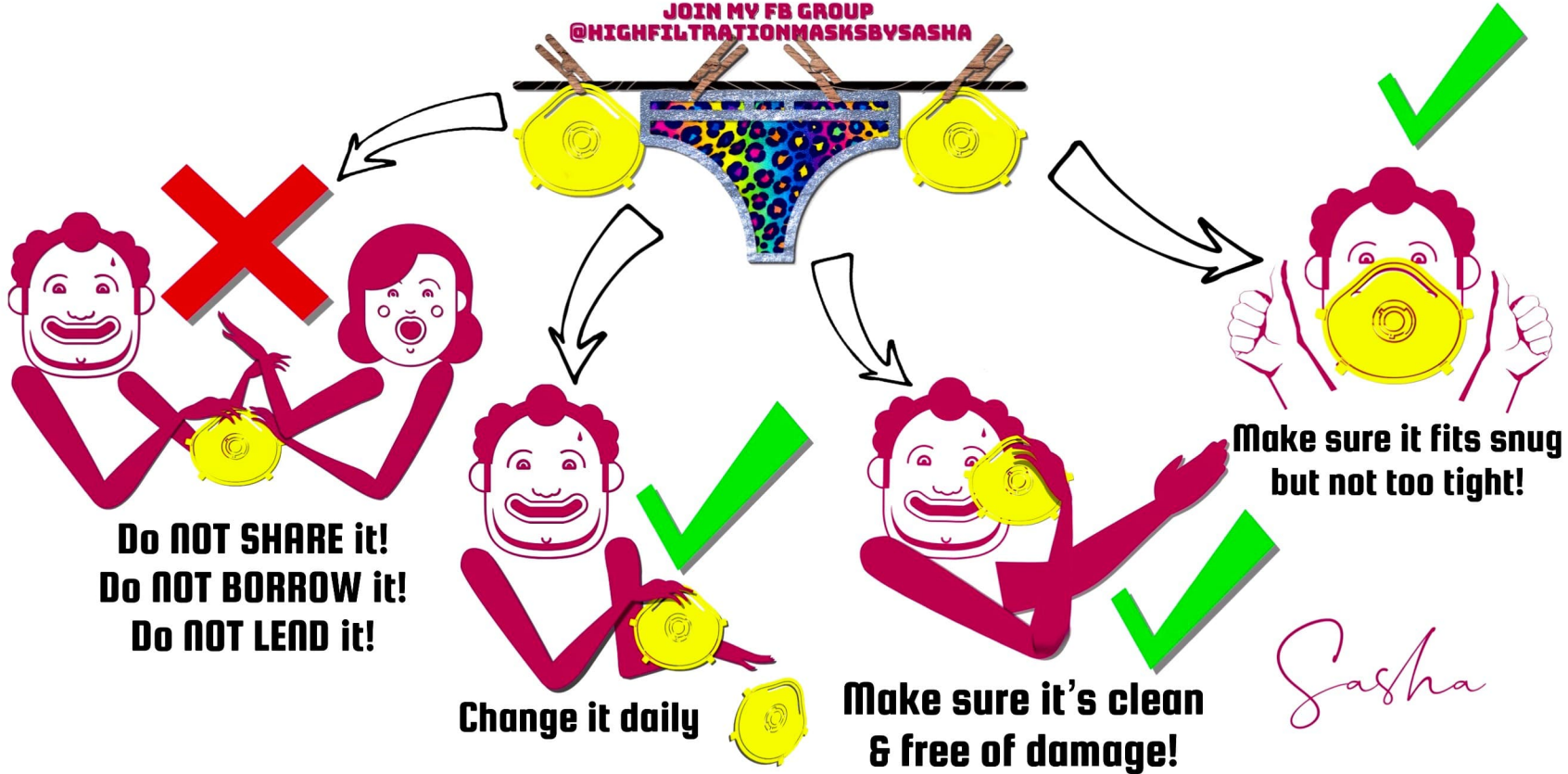
**Steam 15 min**



**Hang dry**

# TREAT YOUR MASK LIKE YOUR UNDERWEAR

JOIN MY FB GROUP  
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*Sasha*