

TOOTH GEM AFTERCARE

- Don't touch the gem with your hands
- Try not to touch the gem with your tongue
- Don't eat for at least one hour after the procedure, you may drink water immediately after
- Avoid alcohol, soda and any acidic drinks for at least 12 hours
- Only eat soft foods for 12 hours after the procedure
- Do not brush the gemmed area of the tooth for at least 12 hours
- Please brush regularly to avoid plaque build up around your tooth gem after 12 hours. Resume regular oral hygiene regimen after 12 hours.
- Avoid Bleaching and blue light whitening for the life of your tooth gem
- Please continue to see a dentist and keep up with normal oral hygiene
- Please contact a dentist to remove any residual bonding agent or the tooth gem itself. We do not perform removal of tooth gems or bonding agent.
- We are not responsible for replacing or reapplying your tooth gems for any reason. There is no guarantee implied or otherwise as to the length of time your tooth gem will stay in place. Tooth gems fall off at no fault to the technician. It is not a regular occurrence but it does happen. The procedure and/or gem is not guaranteed in any way. Please be sure to follow aftercare instructions to get the most out of your procedure/gem.
- Be advised that your insurance company may deny coverage of any or all dental procedures as a result of the application of tooth gems.
- Be advised that your dentist may refuse to provide services as a result of the application of tooth gems.