

KNOW YOUR CAMPUS RESOURCES!

SBU has a ton of useful campus resources for you to utilize! Make sure you are informed and know all of the resources you have available to you as an SBU student!

CENTER FOR PREVENTION & OUTREACH

Called **CPO** for short, the **Center for Prevention & Outreach** provides SBU students with **prevention, intervention, education, and outreach services** within a broad range of topics from mental health to sexual violence and more. Visit their website or social media pages for more info on workshops & events!



<https://www.stonybrook.edu/commcms/studentaffairs/cpo/>



(631) 632-2748



@cpo.sbu



@sbucpo



@sbu_cpo



COUNSELING & PSYCHOLOGICAL SERVICES



<https://www.stonybrook.edu/caps/>



(631) 632-6720

Known on campus as **CAPS**, Stony Brook's **Counseling & Psychological Services** provide **free & confidential** crisis intervention. individual, couple, & group counseling, medication management, resource referrals, and more! Check out the website for more information or call to make a counseling appointment!

STUDENT HEALTH SERVICES

Student Health Services at Stony Brook provides **cost-effective, high quality, confidential, on-campus medical care** for students utilizing a staff of wonderful physicians, physician assistants, nurses, social workers, & more. Visit their website for even more information, specific services, and more, or call to make an appointment!



<https://www.stonybrook.edu/commcms/studentaffairs/shs/>



(631) 632-6740



CAREER CENTER



<https://www.stonybrook.edu/commcms/career-center/>



(631) 632-6810



@sbucareercenter



@SBUCareerCenter

The **Career Center** at Stony Brook provides **free career-related services** to students that include **education, preparedness, and connections** relating to jobs, careers, internships, externships, and more. Visit their website or check them out on social media to learn more!

ACADEMIC & TRANSFER ADVISING SERVICES

Called **ATAS** for short, Stony Brook's **Academic & Transfer Advising Services** provide **free advising** for undergraduate **SBU students** regarding transfer credits, academic plans, graduation, policies, events, and any academic difficulty. Check out their website for more information about services, office hours, and personal advising!



<https://www.stonybrook.edu/commcms/advising/>



(631) 632-7082



@sbuhealthguardians



@hgasbu



stonybrook@healthguardians.org

[HTTPS://WWW.STONYBROOK.EDU/COMMCMS/STUDENTAFFAIRS/STU/](https://www.stonybrook.edu/commcms/studentaffairs/stu/)

CHECK US OUT ON SOCIAL MEDIA FOR MORE INFORMATION AND BE SURE TO EMAIL US WITH ANY QUESTIONS OR TO JOIN HEALTH GUARDIANS AT SBU!

HEALTH GUARDIANS
OF AMERICA

