

# I LOVE LOCAL



## FITNESS CENTERS NEAR AMP APARTMENTS

**Beckman Fitness**  
1908 Frankfort Ave  
502.727.8360  
Open 24 Hrs!

**GRIT Fitness**  
1864 Frankfort Ave  
502.797.2966

**Core Fluency Pilates**  
2015 Frankfort Ave  
502.759.1180

**barre3**  
2400 Frankfort Ave  
502.690.2425

**Crescent Hill Yoga**  
201 S. Peterson Ave  
Suite 401  
502.468.9170

**Fitness on Frankfort**  
2726 Frankfort Ave  
502.895.4321  
Open 24 Hrs!

**DMYS**  
2201 Payne St.  
843.446.6786

**Shine Music & Movement**  
2822 Frankfort Ave  
502.526.2873

**Fitness That Fits You**  
2822 Frankfort Ave  
502.526.2873

**Eternal Health Yoga**  
105 Crescent Ave  
502.424.3164

**Motivation Fitness llc**  
3218 Frankfort Ave

**Derby City CrossFit**  
1860 Mellwood Ave  
Suite 285  
502.551.5413

**Fight Factory**  
3622 Frankfort Ave  
502.371.7883

**Peak Fitness**  
3803 Wilmington Ave  
502.938.0304

**THE CAV**  
3818 Shelbyville Rd  
502.554.8483

**B.You Fitness**  
3921 Chenoweth Square  
502.930.2348

**Studio Hustle**  
131 St Matthews Ave  
2nd floor  
502.487.4800

**Holly's Pilates Village**  
201 Meridian Ave  
502.409.4200

**Studio Pilates St. Matthews**  
4121 Shelbyville Rd  
502.881.1514

**Criterion Jiu Jitsu of Louisville**  
2801 Cleveland Blvd  
502.586.5181

**Inner Warrior Yoga**  
600 Distillery Commons  
Suite 250  
502.930.9501

**Butchertown Crossfit**  
137 Buchanan St.  
502.295.6240

**Suspend**  
721 E Washington St  
502.287.0460

**Shred45 Highlands**  
642 Baxter Ave  
Suite 101  
502.384.7250

**Get Fit 24/7**  
1015 Bardstown Rd  
502.290.2040