

Have you been asking yourself “What If?”

Take this quiz to find out if you need to spend some time chasing your dreams and trying new things.

1. How do you feel about your life as it is right now?

- A** I love it! Everything is great. (1 pt.)
- B** It's going pretty well, I guess. Some days are better than others. (2 pts.)
- C** Not good. Something is missing, but I'm not sure what. (3 pts.)

2. What is your first thought when you wake up in the morning?

- A** Can I call it “disenchanted”? (3 pts.)
- B** Hopefully something exciting will happen today! (2 pts.)
- C** It's a brand new day! Let's get to work. (1 pt.)

3. If you could do something brand new, starting tomorrow, would you?

- A** Sure! I'd have to see if it fit in with everything else, but I'm game! (2 pts.)
- B** Please. I would love to do something new. (3 pts.)
- C** Maybe! It would depend on what it was and how it impacts my current lifestyle. (1 pt.)

4. How do you feel when you're uncomfortable in a situation?

- A** I enjoy it! I like pushing myself outside of my comfort zone. (1 pt.)
- B** I don't love it, but I don't hate it either. (2 pts.)
- C** I'd prefer to stay in my comfort zone, even if I'm a little bored. (3 pts.)

5. How do you feel about your career path?

- A** I think I chose the right position, but things don't always work out how I expect. (2 pts.)
- B** I did not choose the right career, and now I don't know what to do. (3 pts.)
- C** I'm working my way up and am excited for whatever comes next! (1 pt.)

Add up your points, and then see where you're at below!

5-8 pts. - Sounds like you love where you're at! You may not need a big life change, but never underestimate the power of a “What If” moment!

9-11 pts. - Things feel a little iffy for you, and that's okay. Take the time to think about how adding some “What If” to your life could impact you. It might show you that you're exactly where you're supposed to be. Or it could change your whole life.

12-15 pts. - Whoa! Sometimes a need for change is staring you right in the face, and my friend, it is yelling at you. It's time for a pivot, one that will put you on the right path. Start by thinking about all the things you'd love to do, and then plan to make it happen (our My “What If” Year worksheet might help). Your “What If” moment is waiting for you!

