



462 N. Linden Dr. Ste 440
Beverly Hills, CA 90212
(310) 887-9999

Microneedling Post-Procedure Instructions

Immediately after your treatment, you will look as though you have a moderate to severe sunburn and your skin may feel warm and tighter than usual. This is normal and will subside after a couple days and will normally diminish within the 3 days. You may see slight redness after 48 hours, but only in minimal areas or spots. After 2-3 day, you will start to brown, as if you had a tan, this is normal and will resolve about the 4-5th day. Your provider will discuss post-procedure skincare following the treatment to help soothe, calm, and protect the skin. Normal skincare can be resumed again after day 3. Please adhere to the below instructions to ensure the best result and the least amount of complications following the procedure:

1. Use a gentle cleanser and tepid water to cleanse the face over the first 72 hours. Gently pat dry the treated skin. Always make sure that your hands are clean when touching the treated area.
2. Do not aggressively rub your treated area.
3. Keep the treated area moist with a gentle facial moisturizer for the next 3-5 days.
4. Apply a facial sun screen daily (broad spectrum UVA/UVB) and use rigorous sun protection for the next 7 days.
5. Avoid the use of makeup for the first 24 hours following treatment.
6. Avoid the use of products containing Alpha Hydroxy Acids, Beta Hydroxy Acid, Retinols (Vitamin A), Vitamin or anything perceived as 'active' skincare.
7. Avoid using any pore strips, facial masks, or products that can clog your pores such as Aquaphor or Vaseline.

If you have any questions or concerns, please contact the office at **310-887-9999**