



# WEST COAST MARTIAL ARTS TUCSON

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7225 East Broadway Boulevard Suite 150 Tucson, Arizona 85710



Effective Dec 5th, 2023	Monday Full Uniform	Tuesday Full Uniform	Wednesday MMA/T-shirt	Thursday MMA/T-shirt	Friday Full Uniform	Saturday Full Uniform
<b>Little Dragons</b> 4-6 years old		4:00 - 4:30 pm	6:00 - 6:30 pm	4:00 - 4:30 pm	6:00 - 6:30 pm	10:30 - 11:00 am
<b>Fundamentals</b> White, Orange-Gold Belts 7 yrs +		5:20 - 5:50 pm	7:20 - 7:50 pm	5:20 - 5:50 pm	7:20 - 7:50 pm	11:10 - 11:40 am
<b>Excel</b> Green, Purple, Blue, Blue I	All Excel & Brown Belts	4:40 - 5:20 pm	6:40 - 7:20 pm	4:40 - 5:20 pm	6:40 - 7:20 pm	
<b>XPT</b> Brown, Brown I	4:00 - 4:40 pm	6:00 - 6:50 pm	Curriculum 4:30 - 5:20 pm	6:00 - 6:50 pm	Curriculum 4:30 - 5:20 pm	All Excel & XPT 11:40 am - 12:30 pm
<b>XPT</b> Red, Red I, Red/Black	Red Belts & 1st/2nd Degree 4:40 - 5:30 pm	6:50 - 7:40 pm	Weapons/Acrobatics 5:20 - 6:00pm	6:50 - 7:40 pm	Weapons/Acrobatics 5:20 - 6:00pm	
<b>Black Belt</b>	S.T.O.R.M. 5:30 - 6:00 pm	7:40 - 8:45 pm		7:40 - 8:45 pm		DEMO 8:45 - 9:45 am
<b>Adult</b> All ranks 14 yr+	6:00 - 6:45pm		8:00 - 8:45 pm		8:00 - 8:45 pm	9:45 - 10:30 am

### Studio Rules

- Do not wear belts outside the school
- Wear white t-shirts, tucked in, under the uniform
- Do not wear any watches or jewelry in class
- Do not chew gum during class
- Students can not arrive more than 10 minutes late to class
- MMA attire is for Excel, XPT, Black Belt and Adult classes
  - Black workout shorts/leggings, and karate t-shirt



Scan for Mobile App  
"WCW Martial Arts"  
Studio Code  
5207901197

