





FEST 2024

DAY ONE Friday 8th March 2024

OPENING CEREMONY

11:30 AM ONWARDS

Ribbon Cutting By Chief Guest Hon'ble Minister Shri Jagdish Vishwakarma Followed by Welcome Song "Atha Swagatam" Performed by Students of Anant University A Chhau Dance Performance "Phool Basant" A Welcome Speech by Mr Maneesh Baheti, Founder S.A.A.G

PANEL DISCUSSION

1:40 P.M - 2:30 PM

PLENARY SESSION

Padmashri Dr. Pushpesh Pant, Rohini Rana (Nepal), Chef Rajith Abeysekara (Srilanka), Nahid Osman (Bangladesh).

COOKERY MASTERCLASS (U.K)

3:00 P.M - 3:50 P.M

Celebrity Chef Owner Asma Khan from Darjeeling Express Restaurant London

PANEL DISCUSSION

4:00 P.M- 4:45 P.M

Conservation of Royal Culinary Heritage

Anshu Khanna, Founder Kitchen of the Kings in conversation with the Royal Families of Balasinor, Chota Udepur, Nepal and Chhatari

COOKERY MASTERCLASS

5:00 P.M - 5:45 P.M

Corporate Chef ITC Hotels Chef Manisha Bhasin with Celebrity Chef Suvir Saran

BOOK LAUNCH

6:00 P.M - 6:15 P.M

108 RECIPES FROM NEPAL

Author Rohini Rana's (Nepal) Latest Cookbook

DANGE DEDEADMANGE

DANCE PERFORMANCE

6:20 P.M - 6:30 P.M

Shiv Tandav By Award Wining Chhau Performing Artist Govind Mahato

LIVE ENTERTAINMENT

7:30 P.M - 10:00 P.M

APOSTROPHE ROCK BAND

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FEST 2024

DAY TWO

Saturday, 9th March 2024

PANEL DISCUSSION

12:00 NOON - 12:45 P.M

THE BIG FAT INDIAN WEDDING GOES VEGETARIAN

Parthip Thyagarajan - WeddingSutra in conversation with Kaveri Vij - Designer Events Inc, Amit Sangwan - GM Novotel Ahmedabad, Damini Oberoi - Q Events & Weddings, Dr Jaydeep Mehta, True Events

COOKERY MASTERCLASS (NEPAL)

12:50 P.M - 1:25 P.M

Author Rohini Rana (Nepal) with Yogini Lourdes Pérez (Spain) Presents A Recipe From Her Latest Cookbook

COOKERY MASTERCLASS

1:40 P.M - 2:20 P.M

LEGENDS OF THE CRAFT

Veteran Chef Manjit Singh Gill with Celebrity Chef Nahid Osman (Bangladesh)

PANEL DISCUSSION

2:30 P.M - 3:15 P.M

FOOD FOR FITNESS & BEAUTY

Moderator Functional Nutritionist Monique Jhingon, Fashion Designer Nikhil Mehra, Fitness Expert Vesna Jacob, Femina Miss India 2023 1st Runner-up Shreya Poonja.

COOKERY MASTERCLASS

4:30 P.M - 5:15 P.M

LEGENDS OF THE CRAFT

Celebrity Chef Suvir Saran with Femina Miss India 2023

COOKERY MASTERCLASS (SRI LANKA)

3:30 P.M - 4:15 PM Chef Rajith Abeysekara with

Award Winning Entrepreneur Arjun Khanna

PANEL DISCUSSION

5:15 P.M - 6:00 P.M

THE FILM FRATERNITY DIET

T.V Presenter Puja Talwar in Conversation with Veteran Film Director Muzzafar Ali, Actor Iqbal Khan and Actress Esha Kansara

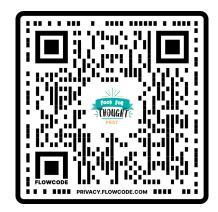
1st Runner-up Shreya Poonja

LIVE ENTERTAINMENT

7: 30 P.M - 10:00 P.M

LAVANYA CHAKRAVARTY BAND

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FEST 2024

DAY THREE Sunday, 10th March 2024

PANEL DISCUSSION

12:00 NOON- 12:45 P.M

Conservation of Royal Culinary Heritage

Editor Chirag Mohanty in Conversation with Nawab Rampur, Yuvrani Dhenkanal, and Maharani Baroda, Rani Kotwara, Gauri Maankar Kolhapur

COOKERY MASTERCLASS (BANGLADESH)

12:50 P.M - 1:25 P.M

Celebrity Chef Nahid Osman (Bangladesh) with Fitness Expert Vesna Jacob

PRESENTED BY Travel + Leisure Magazine

PANEL DISCUSSION

1:30 P.M - 2:10 P.M

WOMEN POWER

Renowned Author Rashmi Uday Singh in conversation with Authors Rohini Rana, Sonal Ved, Chef Anahita Dhondy.

PANEL DISCUSSION

2:15 P.M - 2:50 P.M

INDIAN SUPERFOOD SEABUCKTHORN AND IT'S CLOSEST EQUIVALENTS ABROAD

Arjun Khanna, Monique Jhingon, Nahid Osman (Bangladesh), Celebrity Chef Suvir Saran

COOKERY MASTERCLASS

3:00 P.M - 3:45 PM

Chef Dhruv Oberoi with Functional Nutritionist Monique Jhingon

PANEL DISCUSSION

4:30 P.M - 5:15 P.M

EMOTIONAL EATING IN STRESS & FASTING RESET

COOKERY MASTERCLASS

3:50 P.M - 4:25 P.M

Celebrity Chef Anahita Dhondy with Olympian Shagun Chowdhary

PANEL DISCUSSION 5:30 P.M - 6:00 P.M

THE DIET OF SPORTS ICONS T.V Presenter Puja Talwar in Conversation with Shagun Chowdhary

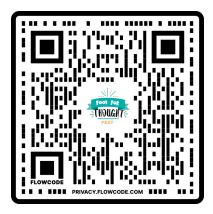
FOR HEALING

Manish Baheti, Founder S.A.A.G in conversation with Shri Vaisnavacharya Chandan Goswami, Super Model Dr Manu Bora, Functional Nutritionist Monique Jhingon, Yogini Lourdes-Perez, Fitness Expert Vesna Jacob

LAUNCH CEREMONY

6: 00 P.M - 6:30 P.M LAUNCH OF HOSPITALITY.HOPE By Rashmi Uday Singh

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LIVE ENTERTAINMENT

7: 00 P.M - 10:00 P.M RAHUL PAI (DJ)



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