PACHA MAMA

Pacha Mama is a Quechua word meaning Mother Earth. It is the goddess of fertility and the universe, and is worshipped by the Incas and other Andean cultures. Pacha Mama is the mother of all life, and is responsible for the cycle of planting and harvesting. She is also the protector of the earth and all of its inhabitants.

Join us on the journey of self-love, healthy nourishment and mindful living.

ROOTED IN NATURE

BREAKFAST & BRUNCH

SWEET STARTS

Granola Bowl 14.00
Organic Greek Yogurt, Seasonal Fruit, Granola, Honey, Toasted Coconut Flakes, Chia Seeds

Berry Acai Bowl 15.00
Acai Berry, Banana, Blueberry, Strawberry, Granola, Seasonal Fruit, Toasted Coconut Flakes, Chia Seeds

Banana Nut Oats 14.00
Steel Cut Oats, Banana, Walnuts, Maple Syrup, Cinnamon

Chocolate Peanut Butter Oats 14.00
Steel Cut Oats, Peanut Butter, Cocoa Powder, Banana, Chocolate Chips

Hot Cereal Selection 12.00
Choice of Steel Cut Oats, Cream of Wheat or Cream of Rice, Brown Sugar, Raisins, Milk

Sweet Toast Combo 16.00
Choice of Two Slices of Toast: Sourdough, Whole Wheat, Gluten Free, Multigrain, Rye
Choice of Two Spreads: Butter, Jam, Peanut Butter, Nutella, Cream Cheese, Honey

Nutty Granola Toast 14.00
Roasted Peanuts, Walnuts, Almonds, Granola, Cinnamon, Honey, Peanut Butter

Green Shoe Toast 14.00
Avocado, Cucumber, Sprouts, Tomato, Lemon, Olive Oil, Sea Salt, Pepper

Cantaloupe Wrap 14.00
Cantaloupe, Prosciutto, Arugula, Balsamic Glaze

MAMA'S BASICS

Eggs 14.00
Choice of Two Eggs: Scrambled, Sunny Side Up, Over Easy, Poached
Choice of Two Sides: Bacon, Sausage, Ham, Home Fries, Toast, Fruit

Mama's Classic 16.00
Choice of Two Eggs: Scrambled, Sunny Side Up, Over Easy, Poached
Choice of Two Sides: Bacon, Sausage, Ham, Home Fries, Toast, Fruit

Fresh Sweet Mama's Classic 17.00
Choice of Two Eggs: Scrambled, Sunny Side Up, Over Easy, Poached
Choice of Two Sides: Bacon, Sausage, Ham, Home Fries, Toast, Fruit
Choice of Sweet Add-On: Pancakes, French Toast, Waffle

Parfait 14.00
Greek Yogurt, Granola, Seasonal Fruit, Honey

Mediterranean Bowl 16.00
Hummus, Tabbouleh, Cucumber, Tomato, Olives, Feta, Pita Bread

Eggs Over Easy 14.00
Choice of Two Sides: Bacon, Sausage, Ham, Home Fries, Toast, Fruit

BENEDICTS

Asian 18.00
Poached Eggs, Sautéed Spinach, Mushrooms, Hollandaise, Sesame Seeds, Scallions, Soy Sauce, English Muffin

Florentine 16.00
Poached Eggs, Sautéed Spinach, Hollandaise, English Muffin

Truffle Benny 18.00
Poached Eggs, Sautéed Spinach, Truffle Hollandaise, English Muffin

Lox 18.00
Poached Eggs, Smoked Salmon, Hollandaise, English Muffin

Mexican 16.00
Poached Eggs, Chorizo, Hollandaise, English Muffin

Salmon Croquette 18.00
Poached Eggs, Salmon Croquette, Hollandaise, English Muffin

Classic 16.00
Poached Eggs, Canadian Bacon, Hollandaise, English Muffin

Crab Cake 18.00
Poached Eggs, Crab Cake, Hollandaise, English Muffin

Avocado Toast 16.00
Poached Eggs, Avocado, Sourdough Toast, Hollandaise

Smoked Salmon 18.00
Poached Eggs, Smoked Salmon, Hollandaise, English Muffin

Grilled Cheese 16.00
Poached Eggs, Grilled Cheese, Hollandaise, English Muffin

Veggie 16.00
Poached Eggs, Sautéed Spinach, Tomato, Hollandaise, English Muffin

MOMMY SIDES

Pancake 8.00 | Waffle 8.00 | French Toast 8.00 | Bacon 6.00 | Sausage 6.00 | Ham 6.00 | Home Fries 6.00 | Toast 4.00 | Fruit 6.00 | Yogurt 6.00 | Granola 6.00 | Cream Cheese 2.00 | Nutella 2.00 | Peanut Butter 2.00 | Jam 2.00 | Honey 2.00 | Maple Syrup 2.00 | Hollandaise 2.00 | Truffle Hollandaise 3.00 | Avocado 4.00 | Smoked Salmon 6.00 | Egg 3.00

LUNCH & DINNER

APPETIZERS

Chesterman Galangore 14.00
Roasted Eggplant served on a bed of Hummus, topped with Tomato Salsa, Feta Cheese and Pita Bread

Vegan Bowl GF,DF 14.00
Roasted Sweet Potatoes, Quinoa, Kale, Cucumber, Tomato, Avocado, Sunflower Seeds, Lemon Tahini Dressing

Grilled Chicken Bowl GF,DF 16.00
Marinated Grilled Chicken, Quinoa, Kale, Cucumber, Tomato, Avocado, Sunflower Seeds, Lemon Tahini Dressing

Mushroom Bruschetta 14.00
Sautéed Mushrooms, Garlic, Onions, Fresh Herbs, Toasted Baguette

Asian Sesame Nuggets 14.00
Crispy Chicken Nuggets, Sesame Seeds, Sweet Chili Sauce

Mama's Truffle Potato 14.00
Truffle Oil, Parmesan Cheese, Fresh Herbs

Chicken Wings 16.00
Choice of Sauce: Buffalo, Honey Garlic, Sweet Chili, Teriyaki, Dry Rub
Choice of Dip: Ranch, Blue Cheese

Ole Fry 14.00
Tortilla Chips, Cheese, Jalapeños, Sour Cream, Salsa

Asian Sesame Nuggets 14.00
Crispy Chicken Nuggets, Sesame Seeds, Sweet Chili Sauce

Mama's Truffle Potato 14.00
Truffle Oil, Parmesan Cheese, Fresh Herbs

SALADS

Pomegranate Mandarin Salad 16.00
Fresh Baby Arugula, Mixed Greens with Mandarin Orange, Pomegranate Seeds, Goat Cheese, Candied Walnuts, Pomegranate Balsamic Vinaigrette

Pomegranate Tomato Salad 16.00
Fresh Baby Arugula, Mixed Greens with Tomato, Pomegranate Seeds, Goat Cheese, Candied Walnuts, Pomegranate Balsamic Vinaigrette

Pomegranate Chicken Salad 18.00
Fresh Baby Arugula, Mixed Greens with Grilled Chicken, Pomegranate Seeds, Goat Cheese, Candied Walnuts, Pomegranate Balsamic Vinaigrette

Chicken Caesar 16.00
Romaine Lettuce, Grilled Chicken, Croutons, Parmesan Cheese, Caesar Dressing

Roast and Toast 16.00
Roasted Chicken, Mixed Greens, Tomato, Cucumber, Red Onion, Croutons, Choice of Dressing

Parmesan Ceasarina 14.00
Romaine Lettuce, Parmesan Cheese, Croutons, Caesar Dressing

Chicken Grilled Chicken 16.00
Grilled Chicken, Mixed Greens, Tomato, Cucumber, Red Onion, Choice of Dressing

Smoked Beef & Tempeh Salad 16.00
Smoked Beef, Tempeh, Mixed Greens, Tomato, Cucumber, Red Onion, Choice of Dressing

Asian Chicken Salad 16.00
Grilled Chicken, Mixed Greens, Tomato, Cucumber, Red Onion, Sesame Seeds, Sesame Dressing

Greek Chicken Salad 16.00
Grilled Chicken, Mixed Greens, Tomato, Cucumber, Red Onion, Feta Cheese, Olives, Greek Dressing

SANDWICHES

El Cubano 16.00
Roasted Pork, Ham, Swiss Cheese, Pickles, Mustard, Toasted Cuban Bread

Eggplant Avocado 16.00
Roasted Eggplant, Avocado, Tomato, Lettuce, Mayonnaise, Toasted Ciabatta Bun

Steak & Parmesan 18.00
Grilled Steak, Parmesan Cheese, Arugula, Tomato, Balsamic Glaze, Toasted Ciabatta Bun

Parmesan Ceasarina 14.00
Romaine Lettuce, Parmesan Cheese, Croutons, Caesar Dressing

Classic Grilled Chicken 16.00
Grilled Chicken, Lettuce, Tomato, Mayonnaise, Toasted Ciabatta Bun

Roast and Toast 16.00
Roasted Chicken, Mixed Greens, Tomato, Cucumber, Red Onion, Croutons, Choice of Dressing

Mama's Beef Dip 18.00
Roast Beef, Caramelized Onions, Au Jus, Toasted Ciabatta Bun

Smokey BBQ 16.00
Smoked Beef, Tempeh, Lettuce, Tomato, Red Onion, BBQ Sauce, Toasted Ciabatta Bun

BURGERS

Mama's Burger 16.00
Beef Patty, Lettuce, Tomato, Onion, Pickles, Ketchup, Mayonnaise, Toasted Bun

Double Truffle 18.00
Beef Patty, Truffle Cheese, Truffle Mayonnaise, Arugula, Tomato, Toasted Bun

Chicken Burger 16.00
Grilled Chicken Breast, Lettuce, Tomato, Onion, Pickles, Ketchup, Mayonnaise, Toasted Bun

Chili Pineapple Chicken Burger 16.00
Grilled Chicken Breast, Chili Pineapple Salsa, Lettuce, Tomato, Onion, Pickles, Ketchup, Mayonnaise, Toasted Bun

Veggie Burger 16.00
Veggie Patty, Lettuce, Tomato, Onion, Pickles, Ketchup, Mayonnaise, Toasted Bun

Mama's Mushroom Burger 16.00
Beef Patty, Sautéed Mushrooms, Lettuce, Tomato, Onion, Pickles, Ketchup, Mayonnaise, Toasted Bun

Smokey BBQ 16.00
Smoked Beef, Tempeh, Lettuce, Tomato, Red Onion, BBQ Sauce, Toasted Ciabatta Bun

Dave & Kristen Bun 16.00
Mixed vegetable patty with your choice of toppings, topped with hummus

MAIN COURSES

Golden Shrimp Curry 18.00
Shrimp, Vegetables, Coconut Curry Sauce, Jasmine Rice

Grilled Cod Curry 18.00
Grilled Cod, Vegetables, Coconut Curry Sauce, Jasmine Rice

Veggie Fried Rice 16.00
Sautéed vegetables, Quinoa, Egg, Jasmine Rice, Lemon Herb Vinaigrette

Chicken Fried Rice 18.00
Grilled Chicken, Sautéed vegetables, Quinoa, Egg, Jasmine Rice, Lemon Herb Vinaigrette

Beef Freehold Tartare 18.00
Finely Chopped Beef Tenderloin, Capers, Onions, Dijon Mustard, Egg Yolk, Toasted Baguette

Grilled Chicken Breast 18.00
Grilled Chicken Breast, Choice of Two Sides: Mashed Potatoes, Roasted Potatoes, Rice, Vegetables, Salad

Pasta Shrimp & Broccoli 18.00
Shrimp, Broccoli, Garlic, Chili Flakes, Olive Oil, Parmesan Cheese, Linguine

Honey Glazed Salmon Brochette 18.00
Honey Glazed Salmon, Vegetables, Choice of Two Sides: Mashed Potatoes, Roasted Potatoes, Rice, Vegetables, Salad

KIDS MEALS

Mini Mini Quesos 12.00
Choice of Protein: Grilled Chicken, Ham, Pepperoni
Choice of Cheese: Mozzarella, Cheddar
Choice of Sauce: Tomato, Alfredo

Mini Cheese Pizza 12.00
Choice of Cheese: Mozzarella, Cheddar

Mini Pasta 12.00
Choice of Sauce: Tomato, Alfredo

DESSERTS

Cheesecake 12.00
Choice of Topping:
Berry Compote, Caramel Sauce, Chocolate Sauce, Nutella Sauce, Peanut Butter Sauce

Affogato 12.00
Choice of Ice Cream: Vanilla, Chocolate
Choice of Topping: Espresso Shot, Baileys

Churros 12.00
Choice of Topping:
Berry Compote, Caramel Sauce, Chocolate Sauce, Nutella Sauce, Peanut Butter Sauce

Donut 12.00
Choice of Topping: Nutella, Peanut Butter

Waffle
Choice of Topping:
Berry Compote, Caramel Sauce, Chocolate Sauce, Nutella Sauce, Peanut Butter Sauce

FRESH PRESSED

WATER

Sweet Mineral 6.00 | Mellow Pacific 6.00

Detox Alkaline Cucuma 6.00

PRESSED JUICES

Pineapple 6.00 | Celery Heaven 6.00

Apple 6.00 | Sun Detoxifier 6.00

Carrot 6.00 | Orange Cooked Beet 6.00 NEW

Make Your Own 6.00 | Sun Detoxifier 6.00

Watermelon Juice 6.00 | Orange Juice 6.00

HEALTHY SMOOTHIES

Power Smoothie 6.00 | Berry Smart 6.00

Green Smoothie 6.00 | Super Carrot 6.00

Kiwi Kickstart NEW 6.00 | Ginger Blaster NEW 6.00

MATCHA

Matcha Peach 6.00 | Matcha Strawberry 6.00 | Matcha Mango 6.00

NAPOTIME LEMONADE

Sweet Pacific 6.00 | Berry Ginger 6.00

Pacific Hibiscus 6.00 | Refreshing Strawberry 6.00

MILKSHAKES

Mama's Milkshake 6.00 | Vegan Milkshake 6.00

SOFT DRINKS

Pepsi Max Pepsi 4.00 | Mirinda 4.00

Ginger Beer 4.00 | Fanta / Sprite 4.00

Aranciata 4.00

Mineral Water 4.00

TEA & COFFEE

COFFEE

Espresso 4.00 | Ristretto Espresso 4.00

Long Black 4.00 | Macchiato 4.00

Cappuccino 4.00 | Piccolo Cappuccino 4.00

Latte 4.00 | Iced Latte 4.00

Homestyle Cold Brew 4.00 | Flat White Extra Shot 4.00

Flat White 4.00

SPECIALITY COFFEE

LATTE 4.00

Strawberry Matcha Latte | Peach Infused Coffee

Cinnamon Butterscotch Latte | Cinnamon Dolce Cappuccino

SPECIALITY COFFEE 4.00

Pacha Mama Coffee

Caramel Frappuccino | Iced Nutella Mocha Frappe

Iced Mocha Latte | Affogato Gelato

Spanish Latte

HOT TEA 4.00

Napolitano Peppermint | Chinese Lemon

Rooibos Chai

Pacha Mama Group
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