

Hello,

I am adding reSET-O on your smartphone so you can have 24/7 access to therapy lessons. You can earn up to \$500 in virtual gift cards for completing your lessons and I will have visibility to your progress during our meetings.

You will have additional chances to earn rewards via negative urine screens. You can also put in cravings and triggers that we will review together.

Please try to complete 4 lessons per week.

After you complete your 1st 4 lessons, we will provide you with wireless Bluetooth educational earbuds so you can listen to the lessons.

You will receive 2 text messages from Pear: 833-697-3738
Save this number into your contacts so you recognize it.

The 1st text will be to provide a link to confirm your identity and gather consent.
The 2nd text will give you a link to the access code and to download the app.

Please watch this what to expect video: <https://vimeo.com/user101786366/reset-owhattoexpect>

To download the app, you can go to the Google Play Store (Android) or the App store (iPhone) and type in Pear reSET-O or simply click the link below:

Android: https://play.google.com/store/apps/details?id=md.reset.reSETO&hl=en_US&gl=US

iPhone: <https://apps.apple.com/us/app/pear-reset-o/id1270975804>

Thank you and please contact me if you have any additional questions. If you have any issues accessing the app, you can always call the 833-697-3738 and speak with the Pear team directly.