### HOW DO I ESTABLISH A FOUNDATION FOR OPTIMAL HEALTH?

**CHOOSE YOUR** SUPPLEMENTS:

Lifelong Vitality Pack®

essential oil supplements are formulated with potent levels of essential nutrients & powerful metabolic factors for optimal health, energy & longevity. They naturally support a lifetime of looking, feeling, and living younger, longer... Ask me about our 30 day GUARANTEE!

CUSTOMIZE WITH THESE FOR ONLY \$26.5 USD EACH:











Energy &

Aches & Discomfort

Digestion &

### ESTABLISH HEALTHY HABITS





### HEALTHY START KIT

5mL: doTERRA Breathe®, Deep Blue®, DigestZen®, Frankincense, Lavender, Lemon, doTERRA On Guard<sup>®</sup>, Oregano, Peppermint, Tea Tree; Brevi diffuser; Essential Oils Guide \$160.00 USD (100PV)

### HEALTHY HABITS KIT

5mL: doTERRA Balance®, Frankincense, Lavender, Lemon, doTERRA On Guard®; Deep Blue® Rub; PB Assist+\*; DigestZen\* Terrazyme; Lifelong Vitality Pack® essential oil supplements; Essential Oils Guide \$195.00 USD (125PV)

### HOW DO I PURCHASE?

- Get your own wholesale account FREE with any Reduced Price Starter Kit; OR choose \$35 option & pick your products. Option to renew annually for \$25 USD. Receive a FREE 15mL bottle of Peppermint oil with renewal!
- Option to buy through the Loyalty Rewards Program (monthly ordering, 1PV minimum) to also receive 10-30% additional back in product credits to be redeemed for FREE products, plus other perks!

### TO GET THE BEST PRICE... Go to my website:

### WWW.MYDOTERRA.COM/SARAHPIPHER

- Click "Become a Member".
- Choose your Reduced Price Kit OR choose individual products.
- Select "Wholesale Customer", check "Terms" box, & then checkout.
- Request to join my Facebook group:

### ESSENTIAL WELLNESS THYME

YOUR ORDER: Will arrive in the next week directly to you.

CONTACT US: When your order arrives and we can guide you.

FREE PRODUCTS: Ask me how to opt in to Loyalty Rewards monthly ordering &/or host a class with friends & family to get free stuff.

### SHARE YOUR LOVE OF doTERRA®

It will be natural for friends and family to ask questions about doTERRA® once they have seen and experienced the positive effects from you. There are easy, simple ways for you to earn FREE products or make income through sharing doTERRA® with friends & family. Ask me how!

doTERRA\* is the registered trademark of doTERRA Holdings, LLC.



# TRAVELING with essential oils



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Live it. Share it. Grow it.

### WHAT ARE ESSENTIAL OILS?

Naturally found in the seeds, bark, stems, roots, flowers, and other parts of plants, dōTERRA\* CPTG\* Certified Pure Therapeutic Grade oils are 100% pure and used as a holistic approach to self care for a wide range of emotional and physical wellness applications with support by the scientific community. We provide natural solutions for a healthy lifestyle!

### WHY doTERRA°?

### doTERRA® IS DIFFERENT. Our CPTG®

essential oils contain no fillers or artificial ingredients that would dilute their active qualities. They are free of contaminants and other toxic, chemical residues. While many oils claim to be therapeutic grade, few are subjected to rigorous testing standards for chemical composition, purity, and potency like ours. We work closely with leading chemists and growers to select botanicals of the correct species, grown in ideal environments, and carefully harvested at the right time. They are the safest and most beneficial oils available in the world today.

### dōTERRA® IS MAKING A DIFFERENCE.

Not only have we changed the essential oil industry for the better scientifically, we are also making a difference ethically with our Co-Impact Sourcing and Healing Hands Foundation.

### HOW DO I USE THEM?

Ask me which books and apps I love to use for doTERRA®!

- AROMATIC Essential oils can be very stimulating, calming or soothing when diffused or inhaled. They also cleanse & purify the air.
- INTERNAL Some essential oils can be used as dietary supplements for targeted wellness.
- TOPICAL They can be safely applied for topical benefit when diluted with a carrier oil.

### FRANKINCENSE



- Supports healthy cellular function
- Promotes feelings of relaxation
- Improves skin imperfections

### LEMON

- Cleanses the body, air & surfaces
- · Promotes a positive mood

## Lemon

### LAVENDER

- · Soothes occasional skin irritations
- Promotes peaceful sleep
- · Eases feelings of tension & anxiousness



### **OREGANO**

- Potent cleansing, purifying, antioxidant
- Supports a healthy immune system, healthy digestion, & respiratory function



### PEPPERMINT

- Promotes healthy respiratory function, clear breathing & digestive health
- Soothes occasional stomach upset



### TEA TREE (MELALEUCA)

- Cleansing & rejuvenating effects for skin
- Promotes healthy immune function
- · Protects against seasonal threats



### doTERRA BALANCE®

- · Promotes an overall sense of relaxation
- Helps ease anxious feelings



### doTERRA BREATHE®

- Maintains healthy respiratory function
- Promotes restful sleep & easy breathing



### **DEEP BLUE®**

- · Soothes occasional aches
- Soothing pre- & post-exercise/workout



### DIGESTZEN®

- Helps maintain a healthy GI tract
- Reduces bloating & gas



### doTERRA ON GUARD®

- · Supports healthy immune system
- · Purifies the air through diffusion

### TRAVEL NECESSITIES



### AIRPLANE BUNDLE

On Guard Beadlets, dōTERRA On Guard® Sanitizing Mist, Correct-x, Digestzen oil, Adaptiv Touch, 5ml: Lavender, Wild Orange, Peppermint and Aromatouch. \$163.50 USD (125PV)



### LAND AND SEA

dōTERRA On Guard® Sanitizing Mist, Terrashield spray, Correct-x, Digestzen oil, Peppermint Beadlets, Ginger drops, 5ml: Lemon, Lavender, Peppermint \$165.25 USD (117PV)



### WEEKEND GETAWAY

dōTERRA On Guard® Sanitizing Mist, On Guard Beadlets, Deep Blue rub packets, Peppermint softgels, 5ml: Lemon, Lavender, Peppermint \$107.5 USD (57PV)

### GUIDELINES FOR FLYING

Carry-on: You can fit as many oils as you need in a 1 quart-size ziplock bag per person. 15ML (our big bottles) is way below the TSA limit of 3 oz.

SAFETY Do not put oils in eyes, ears, or up nose!
Citrus oils & ClaryCalm\* are photosensitive, so avoid
topical use 24 hours before sun exposure. Always drink
out of stainless steel or glass when using oils. Dilute
your essential oils with a carrier oil like fractionated
coconut oil to ensure a positive experience. Extra
dilution for babies, children, elderly & individuals with
sensitive skin is recommended. Standard adult recipe for
10mL roller: 1/8 -1/2 essential oils + carrier oil

<sup>\*</sup>These statements have not been evaluated by the Food and Drug Administration. Not intended to diagnose, treat, cure, or prevent any disease.