

Signs of an overdose

What does an overdose look like?

Loss of consciousness

Shallow/no breathing or gurgling sound

Pale/blue cold skin

Small or pinpoint pupils

NO response to stimulation

(source: CDC.gov)

What if someone is experiencing an overdose?

How to Respond to an Overdose:

1. Call 9-1-1 immediately.
2. Ask LOUDLY, “Are you okay?”
3. Perform a sternum rub.
4. Check for signs of breathing.
5. Administer naloxone
6. Perform CPR until professional help arrives.

ALWAYS call 9-1-1 after administering naloxone