

NS ACROBALANCE

PARTNER ACROBATICS - SHOWS -
ACRO YOGA RETREATS -
WORKSHOPS - CLASSES



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ABOUT US

Formed in 2017 as a result of mutual work and love towards this discipline by Jelena Kikic and Nenad Savkovic. NS Acrobalance represents what we aim to have more in life - a way to play with others, learn new skills and express ourselves in a creative way.

OUR CLIENTS

- Exit Festival
- Lafayette Cuisine and Cabaret
- Supertalent Hr
- RadissonBlu Belgrade
- Piano City
- European Film Festival Palic
- Dutch Acro Yoga Festival
- Acrofestonia
- Paris Acro Yoga Festival
- European Acro Convention
- Slovenian Acrobatic Festival
- Dutch Acrobatic Convention
- Spanish Acro Convention
- Polish Acrobatic Convention
- Jerkovic Ltd.
- CirkoBalkana

TYPES OF SHOWS

Based on the complexity and duration we offer 3 categories of shows

CATEGORY 1

- low risk tricks, duration 5-8min
- example: [Acro Yoga Flow](#)

CATEGORY 2

- medium risk tricks, duration 3-5min
- example: [Keeping Score](#)

CATEGORY 3

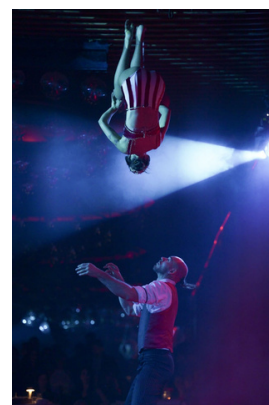
- advanced tricks, duration 2-3min
- example: [Enjoy the Silence](#)



CATEGORY 1



CATEGORY 2



CATEGORY 3

SOCIAL MEDIA



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LEARN FROM US

We offer 4 different types of learning modules based on the duration and level of the participants. Also, depending on the topic that interests you, we teach L-basing and standing acrobatics as well as dance acro.

WORKSHOPS

Our workshops are usually between 90 and 120min during which time we do a warm up that is specially prepared for the topic the workshops are covering, different pre exercises that bring a better understanding of the topic being covered, ways of keeping it safe and techniques of spotting and finally the full scale trick. We end the workshop with a calming stretch during which we talk about ways of continuing your practice without us.

Depending on the level of the group we offer different workshop programs. Contact us directly for more info.

TEAM BUILDING

If you feel like your co-workers could use some de-stressing and some fun time, or you feel like your employees could work on their team work and learning how to trust one another we offer team buildings where we try to create a trusting and fun environment for the participants in which they can be kids again and fuel up their systems with some new energy.

COURSES / RETREATS

If you are interested in a topic you don't think a workshop or two could cover we offer courses, where classes can be organized throughout a period of time based on your schedule, or retreats where we take a few days off our lives and focus on your acro practice while enjoying ourselves in a relaxing setting.



REGULAR CLASSES

And if you happen to be in our area contact us if you want to join one of regular weekly classes. If you want to progress we feel like this is the best way as we aim to challenge our students in each class but still work on developing strong fundamental skills.

