



GLUTEN FREE



DAIRY FREE



NUT FREE



PORK FREE

# CHECK DIETARY RESTRICTIONS FOR PROPER MODIFIERS

## *Apertivo*

Hurricane Wings



Mediterranean Hummus



Meatball Polpetto



Meranda Mista



Burrata



Spinach & Artichoke Dip



Goat Cheese Spread



## *Insalata*

Add Chicken   Add Shrimp   Add Salmon

Arugula & Fennel Salad



Capuliato Salad



Caprese Salad



Port Messina



Caesar Salad



## *Portata Principale*

6oz Filet Mignon



Atlantic Salmon



Pork Osso Bucco



Veal Piccata



Pastas

Spicy Alfredo



Salsiccia al Marsala



Pesto Pasta



Pasta & Meatballs



Sandwiches

Sausage & Peppers



Meatball



The Big Easy



Pesto Pollo



Sides

Brussels Sprouts



Leeks & Peas



Calabrian Chili Polenta Cake |



Spinach Hash



Pizza



All Pizzas if sub Cauliflower Crust or remove bread crumbs\*  
\*\*(Parma Chameleon)\*\*



All Pizzas if mod "No Cheese"



All Pizzas



Shrimpin' Ain't Easy  
Herbivore  
Margherita  
Parma Chameleon  
Cheese

# Dietary Restrictions Guide

## GLUTEN FREE ITEMS:

Meranda Mista  
Burrata (**Sub Cucumbers**)  
Goat Cheese Dip (**Sub Cucumbers**)  
Spinach & Artichoke Dip (**Sub Cucumbers**)  
Mediterranean Hummus (**Sub Cucumbers**)  
Plain Hummus (**Sub Cucumbers**)  
Arugula & Fennel  
Capuliatto (**No Fried Capers**)  
Caprese  
Port Messina (**No Gorgonzola**)  
Caesar (**No Croutons**)  
Filet  
Pork Osso Bucco (**No Polenta Cake**)  
Atlantic Salmon (**No Aioli**)  
Leeks & peas  
  
Pizzas (**Sub Cauliflower Crust**)  
*Parma Chameleon* (**No Bread Crumbs**)

## DAIRY FREE ITEMS:

Hurricane Wings (**No Ranch**)  
Meranda Mista  
Mediterranean Hummus (**No Feta**)  
Plain Hummus  
Arugula & Fennel (**No Parmesan**)  
Capuliatto (**No Feta**)  
Port Messina (**No Gorgonzola**)  
Filet (**No Pesto or Feta**)  
Pork Osso Bucco (**No Polenta Cake**)  
Atlantic Salmon (**No Aioli**)  
Leeks & peas  
Brussel Sprouts (**No Parmesan**)  
Sausage & Peppers (**No Fontina**)  
Big Easy (**No Provolone**)  
Pesto Pollo (**NO PESTO OR PROVOLONE**)  
All Pizzas (**NO CHEESE**)

## NUT FREE ITEMS:

Hurricane Wings (**No Almonds**)  
Meranda Mista (**No Almonds**)  
Burrata  
Goat Cheese Dip  
Meatball Polpetto  
Spinach & Artichoke Dip  
Mediterranean Hummus  
Plain Hummus  
Arugula & Fennel (**No Almonds**)  
Capuliatto  
Caprese  
Port Messina  
Caesar  
Filet  
Pork Osso Bucco  
Atlantic Salmon  
Veal Picatta  
Leeks & peas  
Calabrian Chili Polenta Cake  
Spinach Hash  
Brussel Sprouts  
All Pastas(**Except Pesto**)  
All Sandwiches(**Except Pesto**)  
All Pizzas

## HALAL ITEMS:

*Halal=PORK FREE*

Meranda Mista  
Burrata  
Goat Cheese Dip  
Mediterranean Hummus  
Plain Hummus  
Arugula & Fennel  
Capuliatto (**No Fried Capers**)  
Caprese  
Port Messina(**No Pancetta**)  
Caesar  
Filet  
Atlantic Salmon  
Veal Picatta  
Leeks & peas  
Spinach Hash  
Calabrian Chili Polenta Cake  
Spicy Alfredo&Pesto Pasta  
Pesto Pollo (**No Proscuitto**)  
Shrimp Aint Easy  
Herbivore  
Margherita  
Parma Chameleon  
Cheese Pizza