



Suggested Use: Before initial use, activate the pump by pressing two to four times. Shake gently and spray directly into mouth before bedtime to promote sleep.

Q SLEEP Spray

Provides a natural solution to help you quickly fall asleep and stay asleep so you can wake up refreshed. Contains all-natural ingredients, including melatonin, 5-HTP, and L-theanine, as well as a proprietary herbal extract.*



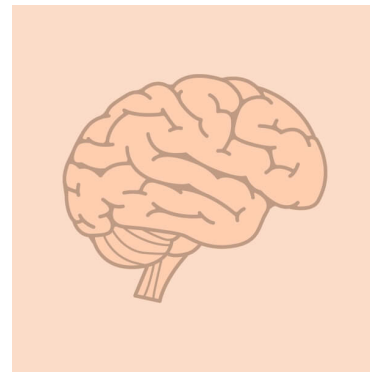
Melatonin:

Has historically been used to normalize sleep and wake cycles*



Valerian Root:

Contains compounds that may promote sleep and calm anxiety*



5-HTP: Assists in the production of serotonin, which affects sleep*



Supplement Facts

Serving Size: 8 Sprays (0.4 ml)
Servings Per Container: 30

Amount Per Serving	% Daily Value
Melatonin	1.0 *
5-HTP	0.75 mg *
L-Theanine	0.75 mg *

**Percent Daily Values are not established

Ingredients: Purified Water, Xylitol, Glycerin, Alcohol, Melatonin, 5-Hydroxytryptophan (5-HTP) from Griffonia Simplicifolia, L-Theanine, Proprietary Herbal Extract, Spearmint and Other Natural Flavors, Potassium Sorbate.

With proprietary extract from Cramp bark, Feverfew, Ginkgo biloba, Passionflower, Peppermint, Skullcap and Valerian root.

BENEFITS

- Natural sleep support spray*
- Helps your body and mind rejuvenate throughout the night*
- Supports a healthy brain and nervous system*
- Promotes healthy metabolic function*
- Formulated with the highest quality natural ingredients*
- Delivers maximum absorption and effectiveness*

* These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease. Individual results may vary.