

MIND MAPPING MY PURPOSE

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What are my **values**?

What is the **vision** for my life?

What type of **environment** fosters my vision?

Who benefits from me achieving my vision?

3 activities to have **fun**.

Areas of my life that are going **well**.

Areas of my life where I can **grow**.

Support I need from others.

3 signs **rest** from "doing" is needed.

3 ways to **rest**.

Map out the day...

Daily **Destination** Review...

What **steps** will I make **within the next week** to move closer to my **vision**?



What **steps** will I make **within the next 30 days** to move closer to my **vision**?

