

The Arizona Opioid Assistance and Referral (OAR) Line

1-888-688-4222

24/7 free, confidential advice and services

Staffed by certified nurses and pharmacists

Providers and prescribers can speak with a physician

The OAR Line provides the following services to all patients, care givers and family members:

- Emergent and non-urgent information about opioid medications and effects.
- Assistance with opioid use, chronic pain and opioid withdrawal.
- Referrals for patient support and outpatient opioid and treatment services.
- Referrals for patients seeking behavioral health treatment services.
- Routine follow-up calls for ongoing assistance and support.

For health care providers / prescribers, the OAR Line offers the following services:

- Treating patients with acute opioid complications or withdrawal.
- Real-time consultation about prescribing opioids (including acute or chronic pain).
- Managing high-dose or complicated medications.
- Assistance with opioid dosing (including medication weaning medications)
- Outpatient resources for medical, behavioral health and Medication Associated Treatment (MAT) services.

This service is made available by the Arizona Department of Public Health and the Center for Toxicology and Pharmacology Education and Research (CTPER) at the University of Arizona College of Medicine-Phoenix. The OAR Line is managed and staffed by certified providers at the Arizona and Banner Poison & Drug Information Centers.