



SPECIAL WARFARE

Eligibility Requirements

Active Duty Non Prior Service

(Never served in the military before)

To become an Air Force Special Warfare (AFSPECWAR) active duty operator, you need to contact a recruiter to begin the process (ASVAB, screening, medical tests, enlist, etc) View the 8 step process document for more info. Enlisted Special Warfare jobs include Combat Control, Pararescue, Special Reconnaissance and Tactical Air Control Party.

Prior and non-prior service applicants may not sign up for an individual job in Special Warfare. Instead, you may sign up for Special Warfare Operator Enlistment (SWOE) and may compete for the specific job that you desire.

On the active duty side there are differences between a regular Air Force recruiter and an SPECWAR recruiter- ensure whoever you are speaking to is the right one. SPECWAR recruiters are trained to ensure you receive the right info and are prepped appropriately before BMT. If by chance you contact a regular AF recruiter and need the AF SPECWAR recruiter, the regular AF recruiter should be able to put you in contact with an AF SPECWAR recruiter.





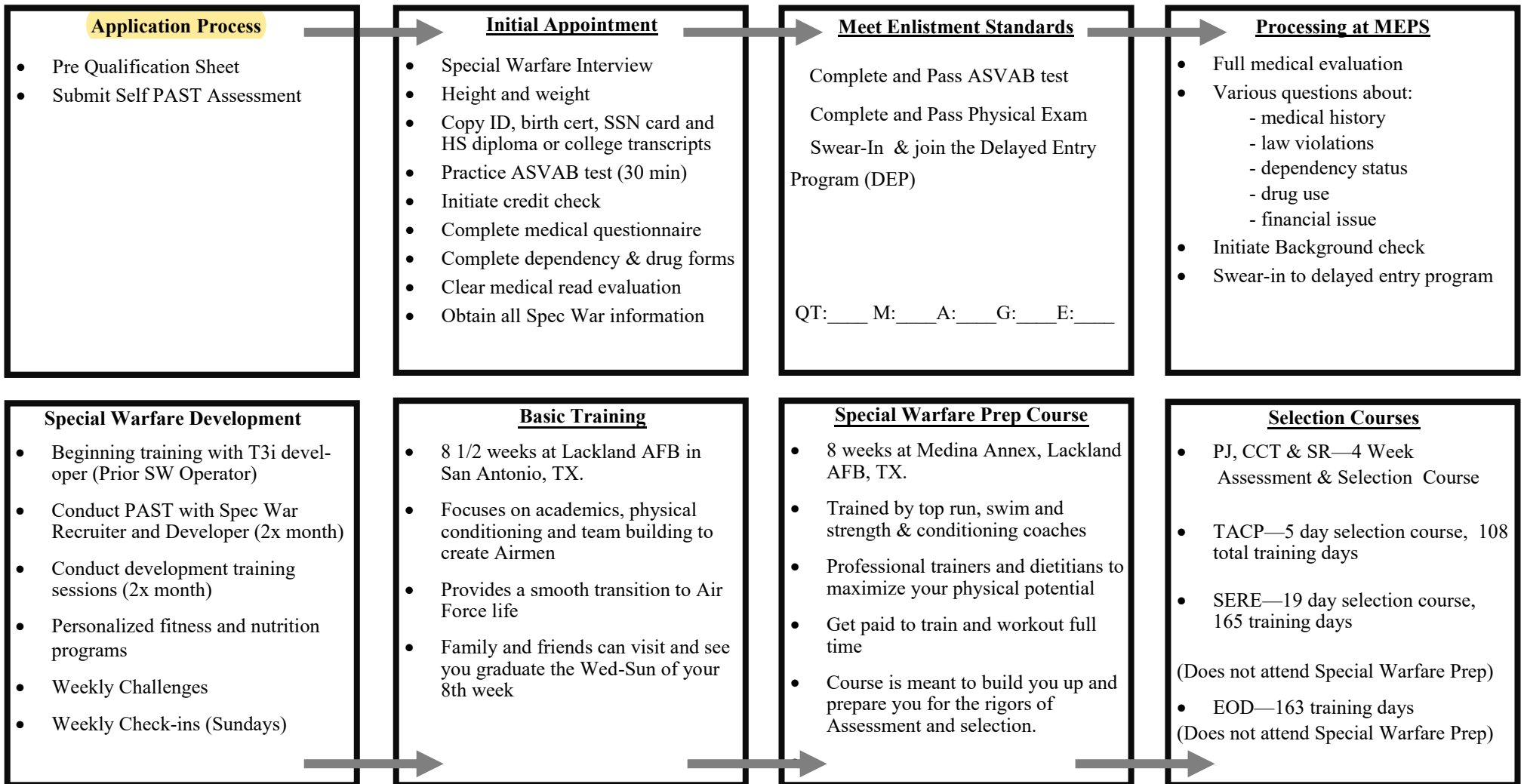
- Successful completion of the [Physical ability and stamina test \(PAST\)](#)

SWOE Enlistment Standards	
ASVAB	G49
Minimum Education	HS/GED
Valid Driver's License	No
US Citizen	Yes
TAPAS (SERE Only)	No
PULHESX - Phys Condition	1
PULHESX – Upper, Lower Body	1
PULHESX – Hearing, Eyes, Pysch	1
Strength	K-70 lbs
Corrected Vision	20/20*
Uncorrected Vision	20/200*
Color Vision	No*
Depth Perception	No
Speak English Distinctly	No
Qualified to bear arms	Yes
Clearance	Secret



TSgt Dalontie Joppy
 Cell: (618)-606-3604
 @Specialwarfare_Airmen_Illinois

8 Step Process



Application Process

- Pre Qualification Sheet
- Submit Self PAST Assessment

Initial Appointment

- Special Warfare Interview
- Height and weight
- Copy ID, birth cert, SSN card and HS diploma or college transcripts
- Practice ASVAB test (30 min)
- Initiate credit check
- Complete medical questionnaire
- Complete dependency & drug forms
- Clear medical read evaluation
- Obtain all Spec War information

Meet Enlistment Standards

- Complete and Pass ASVAB test
- Complete and Pass Physical Exam
- Swear-In & join the Delayed Entry Program (DEP)

QT: ___ M: ___ A: ___ G: ___ E: ___

Processing at MEPS

- Full medical evaluation
- Various questions about:
 - medical history
 - law violations
 - dependency status
 - drug use
 - financial issue
- Initiate Background check
- Swear-in to delayed entry program

Special Warfare Development

- Beginning training with T3i developer (Prior SW Operator)
- Conduct PAST with Spec War Recruiter and Developer (2x month)
- Conduct development training sessions (2x month)
- Personalized fitness and nutrition programs
- Weekly Challenges
- Weekly Check-ins (Sundays)

Basic Training

- 8 1/2 weeks at Lackland AFB in San Antonio, TX.
- Focuses on academics, physical conditioning and team building to create Airmen
- Provides a smooth transition to Air Force life
- Family and friends can visit and see you graduate the Wed-Sun of your 8th week

Special Warfare Prep Course

- 8 weeks at Medina Annex, Lackland AFB, TX.
- Trained by top run, swim and strength & conditioning coaches
- Professional trainers and dietitians to maximize your physical potential
- Get paid to train and workout full time
- Course is meant to build you up and prepare you for the rigors of Assessment and selection.

Selection Courses

- PJ, CCT & SR—4 Week Assessment & Selection Course
 - TACP—5 day selection course, 108 total training days
 - SERE—19 day selection course, 165 training days
- (Does not attend Special Warfare Prep)
- EOD—163 training days
- (Does not attend Special Warfare Prep)

Prior Service? Yes/No

Branch of Service _____

Today's Date _____

Active/Guard/Reserve

Pre-Qualification

First _____ Middle _____ Last _____ SSN _____ - _____ - _____

Home Phone _____

Address with Zip Code _____ Cell Phone _____

Place of Birth _____ US Citizen? YES ___ No ___ Work Phone _____

Age ___ Birth Date _____ Drivers License Number _____ Expiration _____

Sex M ___ F ___ Hair Color _____ Eye Color _____ Height _____ Weight _____ Max _____

Racial Group _____ Marital Status _____ Dependents _____ High School Grad? _____

Name & City of High School _____ Grad Date _____ Religious Preference _____

College/Vo-Tech? Credits _____ (Semester/Quarter?) ROTC/CAP/Boy/Girl Scouts Y/N? Number of Years _____

Degree Title & Type? _____ Where do you work? _____ Monthly Income _____

Have you ever taken the ASVAB or Physical for **any** other branch of the military? Y/N *if yes when?* _____

Email address _____

Law Violations (charged, cited, arrested, or held - include childhood or minor traffic violations) Y/N

1) Charge _____ Fine \$ _____ Age at time of offense _____

Date and place of offense _____ Paid Y/N When _____

2) Charge _____ Fine \$ _____ Age at time of offense _____

Date and place of offense _____ Paid Y/N When _____

Drug Use (used, sold, or transported any illegal drugs including Marijuana? Y/N What Drug(s)? _____

Number of times _____ Last time used (date) _____

Medical History: Ever been Diagnosed or Evaluated for ADHD/ADD? Y/N Last prescribed _____ Last Taken _____

Ever been hospitalized Y/N Asthma Y/N Broken Bones Y/N Surgeries Y/N Tattoos Y/N Prescribed Medications Y/N

Chiropractor Y/N Allergies Y/N Eczema Y/N Gauged Ears Y/N Any other illness not previously mentioned _____

If yes to any above explain _____

Tell about yourself (work, school, living at home, ect.)

What are your current circumstances? _____

What are your short term goals? (next 12 months) _____

What are your long term goals (next 4-5 years) _____

What are **your 3 primary reason** for wanting joining the Air Force? *Circle three*

- | | | | |
|------------------|----------------------|-------------------|--------------------|
| Regular paycheck | Technical Training | College Education | Sense of Belonging |
| Free Medical | Travel opportunities | Recreation | Recognition |
| Job Security | Bonuses | Independence | Focus |
| Discipline | Change of Pace | Serve my country | Fresh start |

What sports have you played and how long? _____

What is your why (reason for accomplishing more in life)? _____

Rate your current interest in the Air Force 1-10 (1 being lowest/10 being highest) 1-2-3-4-5-6-7-8-9-10 or I am ready to join!

Recruiter Notes: _____ **EST Score:** _____



Physical Ability Stamina Test Instructions



As a part of the application process you will need you to conduct the Physical Ability Stamina Test (PAST).

If you have done your research for Air Force Special Warfare you know that the Physical Ability Stamina Test (PAST) represents the minimum entrance standards for enlisted Special Warfare career fields. The PAST must be successfully completed prior to shipping to basic training and to secure a contract for a Special Warfare AFSC. ***You do not need to be passing to become accepted into the program.**

Pull-ups (2 minute)- Students perform pull-ups wearing PT gear. This exercise is executed on a pull-up bar or other horizontal bar. The individual grasps the bar with the palms away from the face, shoulder width apart. The exercise begins in the “dead hang” position. Count one; pull the body upward until the chin is level and over the bar. Count two; lower the body until the body returns to the “dead hang” position. Individuals will not swing excessively or “kip” as the chin is pulled over the bar. There will be no excess movement of your feet, bicycling, or using your chin to pull yourself over the bar. The legs are allowed to bend, but must not be kicked or manipulated to aid in upward movement. Hands must remain in contact with the bar at all times or the next repetition will not count. The repetition is counted upon completion of the upward movement. Repeat as many times as possible. The pull-up is designed to measure the strength and endurance of the back and biceps muscles.

- The optimal position to evaluate pull-ups is a 45 degree offset from the horizontal bar and grip position of the candidate and 2-3 meters from the trainee.

Sit-ups (2 minutes) - Students perform sit-ups wearing PT gear. Start with back and elbows flat on the ground, fingers interlocked behind the head; head on the ground and knees bent at approximately a 90 degree angle. Student’s feet should be held by a fixed object during this exercise; another individual may secure the feet in the absence of an appropriate fixed object. Sit-ups are a two count exercise. Count one; sit up until the back is vertical to the ground (base of the neck is above the base of the spine), where the shoulder and the hip form a line perpendicular to the ground. Count two; return to the starting position. There is no authorized rest position. If an individual raises hips from ground or fingers are not interlocked behind head during a repetition, the repetition is not counted. The repetition is counted upon completion of the upward movement. The sit-up is designed to measure strength and endurance in abdominal and hip flexor muscle groups used during specific mission tasks. Strength and endurance in these muscle groups are required to perform swimming, lifting, load-bearing, and hand-to-hand combat tasks.

- The optimal position to evaluate sit-ups is a 90 degree offset from the trainee.

Push-Ups (2 minutes) - Students perform push-ups wearing PT gear. This exercise starts from the front leaning rest position. The body must be maintained straight from head to heels with feet together. Count one; flex the elbows lowering the body until the elbows form a 90 degree angle. Count two; raise the body until the elbows are straight and locked. Repeat the exercise as many times as possible. The exercise is stopped/terminated when the individual lifts a hand(s), arm(s) to reposition, lifts leg or feet off the ground or the knee(s) touch the ground, raises butt in the air, sags the hips, does just upper body push-ups, executes a worm push-up, or can no longer complete the exercise.

NOTE: The only authorized rest position for personnel taking the PAST is the starting position (front leaning rest) without elevating the buttocks into the air, sagging the torso and without bending the knees or moving the hand position.

- The optimal position to evaluate push-ups is directly in front of the trainee, or at a 45* angle in front of the trainee, and in a seated or lowered position approximately 2 meters away.

1.5 mi Run - Stopping at anytime will be considered a failure for that evaluation.

Video evidence of you completing you Pull ups, Push-Ups, and Sit ups. Photo evidence is required for the 1.5 mi Run. It must be recorded by a GPS tracking device i.e. (Phone app, Watch, etc).

Application Submission

1. Send videos and 1.5 mi run time proof to “Air Force Special Warfare Recruiting St Louis” Facebook page or to 618-606-3604.
2. Submit completed Pre Qualification form via email to Dalontie.joppy@us.af.mil

