

PRIVATE PROGRAM PRICING



move

personalized written workouts:
1 / week: \$25; 2 / week: \$50; 3 / week: \$70; 4 / week: \$90

nourish

nutrition assessment package:
• assess current diet + create a personalized nutrition plan
• 1 on 1 consultation call
\$ 120

combo

• 2 personalized workouts each week
• nutrition assessment package
• weekly accountability touchpoints
\$295

**The combo package is for a 1 month period.

@RADIATEWITHRACHAEL