

Philosophies of Honcho Hano

# The Alchemy

As we know, all perception is based on how the brain is wired from our experiences in the past. If you just had an internal experience in which you saw profound mystical beings; witnessed a glow, or light around everything; felt the wholeness, oneness, and interconnectedness of everything and everyone; or experienced a completely different time and space, when you open your eyes after the experience, your spectrum of reality in your waking state will be broadened. That's because the inner experience changed your brain and now, you're neurologically wired to perceive a greater expression of reality. This is how you begin to change who you are from the inside out. This is how you alter your experience of the three-dimensional world of matter.

Evolution, on both an individual and a species level, is a slow process. You have experiences, you get hurt, you learn your lesson, you grow a little bit. Then you have some more pain, you get the next lesson, you move on to the next challenge, you succeed and achieve goals, you set more goals, you grow again, and the cycle continues. It's a slow process because you're not receiving much new information from your outer environment.

But once you have these unknown internal experiences that are more real than anything in your external world, you can never again see reality in the same manner because the experience changes you so profoundly. you receive an upgrade or a software update. If all of the reality you perceive is based on your experiences, and you've just had an interdimensional experience, your brain is now going to be able to perceive what has always existed but you have never before had the brain circuitry to perceive.

You're now tuning in to a greater spectrum of information where all of a sudden everything looks and feels different than it did when you saw it simply as matter—and your relationship changes. This is how the mystics and masters made their way: by tuning in to their inner world and thus broadening their perception of the nature of reality in their outer world.

#### **Encounters**

When you encounter an obstacle, how do you respond? Do you think the world might be against you, and that nothing ever goes your way? Instead, you should be thinking about taking a step back, looking at the situation objectively and thinking, "What can I do to turn this obstacle into an advantage?"

If we look at them in this way, even the biggest obstacles can be turned to our advantage.

For example, in the 1960s the then celebrated boxer Rubin "Hurricane" Carter was falsely accused of a triple homicide, and sentenced to jail for life. But as he entered prison, he resolved to not let his circumstances overwhelm him, and instead tried to see how he could make the best of it.

First, he vowed to not live with the injustice, but keep fighting to overcome it through the

court of law. Then he turned his limited physical freedom to his advantage by using his time inside to study history, philosophy and law. Carter's case was eventually overturned and he was released after 19 years. Carter left jail as he had entered it, a free man. But in addition, he had also used the time to improve his education and himself. So how can we achieve this objective perspective?

By learning to detach yourself from your own personal – and highly subjective – view of the situation. You can do this by imagining that you are advising a friend about overcoming the obstacle. What would you say to them? How would you let them approach it?

Or you can take after the Stoics, a group of philosophers from Ancient Greece. They would imagine how a sage – a person of perfect wisdom – would react to the obstacle. In that way, they would explore hidden sources of wisdom that they didn't consciously know they had.

### **Opinions**

Opinions are cheap: everybody has one and most people want to dispense them. In order to avoid running into the danger of negative influences and straining your own steadfastness, it makes sense to offer others as few opportunities as possible to express their critical opinions.

People who are disheartened in particular should therefore keep their plans and intentions to themselves and not confide in anybody else – except for the members of their hand-picked team or trustworthy outsiders.

#### These Boots

4 years ago, in the early hours after sunrise, these boots were carrying me the last few hundred meters of one of the toughest walks in my life.

The last few steps to summit Kilimanjaro. These boots had already carried me for 4 days up that incredible mountain

Slowly, slowly, pole. These boots carried me for 9 grueling hours up tough-as-hell-to-walk scree through the bitterly cold night to reach Gilman's point at sunrise.

These boots helped me stand while a dear friend died on that mountain at sunrise 4 years ago. Today these boots are taking me to help an anti poaching unit help a buffalo injured by a snare.

So much life has flowed in the past 4 years. Today these feet in these boots choose to yet again step deeply into life. That's all we need to do.

Keep taking deep life filled steps..... and having a sturdy pair of boots certainly helps.

Who or what is your metaphorical pair of boots that remind you to keep taking those steps?

## Daydreamer

Just as we can daydream and invent characters and situations, we are characters in a situation that was invented or dreamt, quite consciously dreamt by an advanced sort of consciousness. The part that we have to play in this daydream is one of education, one of learning and bettering ourselves.

We have such limited consciousness to begin because if you are going to set up a situation where you expect certain processes to happen—these processes, of course, are our education, our learning—you don't set up the most complex and involved experiment or situation. You set up a simple one that you can produce, that still has the qualities to get the results that you want.

This is the reason that we are seemingly of such limited consciousness. But the reason that we have an option to develop our consciousness more fully is part of the experiment itself. We are to learn and grow and evolve and become and learn through experience in doing, and as closely as we can come to understanding and being a part of our over-soul daydreamer, then the more power to us. The more of that we can understand, then the more learning that we've acquired

It's not so much that we are driven to expand our awareness or that we should be, other than it's available, and being available makes it a direction in which we can evolve if we so choose.

### The Pleiadians, Bringers of the Dawn

Wanting to have something to worship is the frequency control on Earth. What the planet is headed for is someone or something new to worship. That is the potential holographic insert-anew god to worship. The creator gods, the reptiles, know that their plan has run short, so to speak, and there is an intention of creating a new plan, a new diversion, a new disempowerment. Therefore, beyond anything else, listen to yourselves. Listen to the internal message that comes through to you and begin to dance with it and make friends with it. You, yourselves, are meant to discover reality from inside and to direct your life in this way. This is really the gift that is given in the free-will zone.

### Prima Materia

the 'Glory of God.' The One Primal Substance is indeed the God of all gods under the Sun, and It is a Glory in that Its essence is a shining, living, iridescent, electro-magnetic, radiant energy. 'Lord God of Hosts,' also equals 112. This is one divine name assigned to Binah, the

third sphere, Understanding. Binah is the Great Sea and Divine World Soul to which all alchemists attribute the element Water, the most common name for the One Substance All this gematria intimates Prima Materia at the universal level, above and beyond our personal perceptions of consciousness. But there is a Prima Materia within us all that is a microcosm of the vast universal Light expanse. Another important alchemical term with value 112 is Lac Virginis, the 'Virgin's Milk.' This not only describes the substance permeating the unmanifest universe. The Virgin's Milk, chyle, inside the physical body of the Adept is essentially the same Glory of God. It is the Gold within, the solar force that animates and immunizes the human organism. It is actually the Seed of the Sun which Roger Bacon called **Semen Solare**, which also sums to 112 by Latin Cabala Simplex. Inside our bodies Prima Materia is the chief substance necessary for confecting Gemma Pellucida, the Transparent Jewel of Yoga philosophy, spelled here in Latin to reveal its number value 112

## Esoteric Refuge

In Tibetan Buddhism, taking refuge in the Buddha, the Dharma, and the Sangha is also reflected in other ways. For example, the teacher, or lama, is the human embodiment or manifestation of the Buddha; therefore, we go for refuge and sanctuary in the spiritual experience and wisdom of our teacher. The representative of the Dharma is your own personal practice, and the internal energies and experience practice evokes.

In Tibet, these energies are also personified as archetypical representations of mystical forces and energies including meditation deities, Dharma protectors and guardians who can lead you along the way. The energy you receive from spiritual experiences is an esoteric example of going for refuge to your inner, secret, internal sangha.

### LIL BITCH

HERE'S A LITTLE BITCH LIVING IN YOU... ...that's the bad news. The GOOD NEWS is that there's a freaking savage beast living in you, too. This is true for all of us! The BEAST knows what needs to get done to reach your highest purpose and potential in life. The little bitch, however, is always creeping in your head, driving shotgun and trying to negotiate with you and talk you out of your goals and dreams... "Take the easy way out"

"No one will know"

"It's okay to hit the snooze button"

"Just one more drink"

"It's okay to skip the workout, you need the rest anyway"

"It's just a small lie, no one will get hurt"

And once you begin negotiating with your inner bitch the slippery slope of bad decisions begin motherfucker!

THERE'S A LESSON IN THIS FOR YOU...

Choose hard over easy.

. Keep your promise to yourself.

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Set higher standards of expectations.

Do the things that others aren't willing to do so that you can have the lifestyle that other's will never live!

Kill the little bitch within! Feed your inner beast!

And never, ever seek approval or validation from anyone BUT YOURSELF!

# Strange Hold

The recent stranglehold that has dominated society and the collective psyche over the last couple thousand years are crumbling before our eyes.

The suppressed and dormant energy with each and every one of us is awakening aka corona rising aka corona 'virus'.

Why do you think the things are currently so drastic and current global 'leaders' are working together frantically to muzzle us, to keep us away from each other unless it's an orchestrated protest of their liking, to keep us out of nature, to keep us in constant fear and worry.

Because they know the heat within us in rising and what's inevitable. This doesn't mean everything is going to be sweet obviously a paradigm fights to the death to maintain the last of its dying power but change occurs nonetheless.

Are you prepared?

Are you laying the groundwork mentally, physically, spiritually?

Are you proactively shattering the false concepts within your Self before the shock of it occurs on the exoteric level?

Are you tapping into the esoteric blossoming of Truth within Self?

These are the times. You don't want to get caught on the wrong side of history right now. Build or destroy, choose wisely.

### Sunray

Life is a miracle to be witnessed and experienced with the entire spectrum of human emotion. As we create the spaciousness to be present in the eternal now moment, we open our senses to witness the miracle of life itself.

Often, the human experience can feel incredibly overwhelming. But as we simplify our perspective by being the witness of our experience, we remember what is truly important to our soul.

Allow your attachments to fade away, allow the chase for external validation to cease, and replace these notions with your own inner peace. Navigate life with your own internal compass. Bask in the brilliance of life itself.

Are you ready to release all that is no longer in alignment with your highest self?

### Your Name

A person's name is the sweetest sound they know.

Jim Farley lost his father at age ten. Being the oldest boy in the family, he went to work at a brickyard to help pay the bills. Despite never receiving much of an education, by the time he was 46, Jim was Postmaster General and Chairman of the Democratic National Committee.

So what was the secret to his success?

Farley realized early on that people care more about their own name than all the other names in the world combined. Remembering and using a person's name was a subtle yet powerful way to win them over, and this was something at which Farley was extraordinarily adept. When the author asked him if it was true that he could remember the first names of 10,000 people, Farley corrected him by saying that he could call 50,000 people by their first name!

Similarly, Theodore Roosevelt was popular among all his staff because he made a habit of greeting them all by their names. He also deliberately made time to listen to them and tried to remember what they said so he could refer back to it later. By doing this, he showed others his appreciation, and he got far more back in return.

So, to win someone's favor be sure to remember their name and use it in conversation frequently.

How?

Well, Napoleon the Third, Emperor of France, was proud that the following technique allowed him to remember the name of everyone he met:

Be sure you catch the name when it comes up the first time in conversation and ask for it to be repeated or even spelled out if needed. Then repeat it back to the person multiple times to associate it with the person to whom you're talking. Finally, when you're alone, write it down to enforce the memory.

And you need not stop at remembering the other person' name. The author made a habit of finding out the birthdays of people he met so that he could send them a letter or telegram to congratulate them. You can imagine how appreciated the recipients must've felt, especially when often the author was the only one who had remembered!

### Looking

To look for the beginning of creation is to proceed from an artificial notion of time. The start of something that is outside of time cannot be located in time. The Big Bang can only occur in the mind of an observer. The universe is very cooperative. In as much as the universe is not different from consciousness itself, it is happy to create whatever we wish to find out there. The problem is with the concept of cause itself, which begs the question by presuming a time warp, a sequence, or a string of events that would make sense.

Once beyond the warp of time, with its implicit restrictions of comprehension to terms of mere sequence, there is no backwards or forwards. It is then just as valid to say, reciprocally, that the manifest universe causes the unmanifest; and at a certain level of understanding, this is demonstrably true. If, for example, we look at electrons lined up on one side of a dielectric membrane and protons lined up on the other side in an equal balance, how can we say which side causes the other to line up? Similarly, though healing is a consequence of compassion, compassion is not its cause. The source of all life and all form is greater than its manifestations; yet, it is neither different from them nor separate to any degree. There is no conceptual artifact of separation between creator and created. Time, then, is a locus of the perception of a hologram that already stands complete; it is a subjective, sensory effect of a progressively moving point of view.