Your healthcare provider can prescribe reSET to help with your recovery journey anytime, day here today.

reSET can help by:

Being with you 24/7 to teach you strategies for coping during your recovery journey



Supporting your outpatient therapy



Allowing your healthcare provider and care team to monitor your progress



Offering cravings and trigger tracking



Giving you chances to earn rewards



To learn more about reSET, including success stories, visit:

RESETFORRECOVERY.COM/PATIENT

reSET® Indications for Use:

reSET is intended to provide cognitive behavioral therapy, as an adjunct to a contingency management system, for patients 18 years of age and older, who are currently enrolled in outpatient treatment under the supervision of a clinician. reSET is indicated as a 12-week (90 day) prescription-only treatment for patients with substance use disorder (SUD), who are not currently on opioid replacement therapy, who do not abuse alcohol solely, or who do not abuse opioids as their primary substance of abuse.

It is intended to:

- increase abstinence from a patient's substances of abuse during treatment, and
- increase retention in the outpatient treatment program.

reSET® Important Safety Information for Patients:

Warnings/precautions: Do not use reSET to communicate any emergency, urgent or critical information. reSET does not include features that can send alerts or warnings to your clinician. If you have feelings or thoughts of harming yourself or others, please dial 911 or go to the nearest emergency room.

reSET is intended for patients whose primary language is English with a reading level of 7th grade or above, who have access to an Android/iOS tablet or smartphone, and who are familiar with the use of smartphone applications (apps). You should be able to upload data periodically, i.e. have internet/wireless connection access.

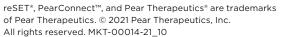
reSET is not intended to be used as stand-alone therapy for substance use disorder (SUD) and does not replace care by your provider or outpatient treatment. reSET is not a substitute for your medications. You should continue to take your medications as directed by your provider.

The long-term benefit of treatment with reSET on abstinence has not been evaluated in studies lasting beyond 12 weeks (90 days) in the SUD population. The ability of reSET to prevent potential relapse after treatment discontinuation has not been studied.

The safety and effectiveness of reSET has not been established in patients enrolled in opioid treatment programs reporting opioids as their primary substance of abuse.

Please see the Patient Brief Summary Instructions for reSET available at resetforrecovery.com.







re5ET

NOW COVERED BY MassHealth



Take the next step in your recovery journey

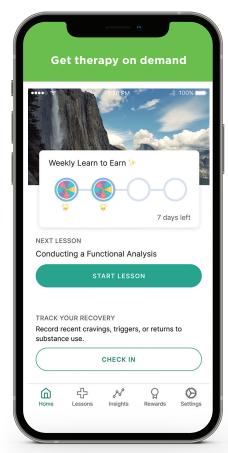
Learn how reSET® can help treat substance use disorder (SUD) for patients in outpatient treatment with 24/7 support on your smartphone or tablet.

Please see the back page for reSET Indications for Use and Important Safety Information.



Meet your digital recovery companion*

Recovery is a round-the-clock process, and you can't always see a healthcare provider when triggers and cravings arise. reSET gives you 24/7 support on your smart device.

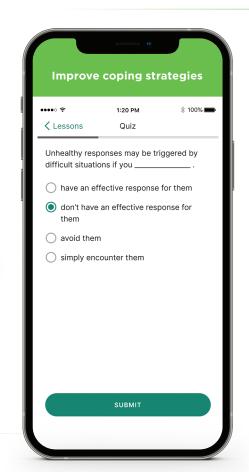


Learning at your fingertips

Interactive cognitive behavioral therapy (CBT) lessons teach you new skills you can use in everyday situations to support your recovery journey, and quizzes help you remember what you've learned.

Secure, discreet, anytime, anywhere

Get immediate access to treatment when and where you need it, not just during clinic hours. reSET is designed to support the work you're already doing in outpatient therapy.



*SUD is a chronic condition, and permanent recovery is uncertain, reSET may help to retain patients in treatment.

Please see the back page for reSET Indications for Use and Important Safety Information.



Get rewards for your hard work. You'll have chances to earn rewards for completing lessons and having negative urine drug screens.

Each step along the way is a small milestone for you to see progress and stay motivated.

Reward yourself Congratulations! Tap the screen to spin the wheel for a chance to win a reward

Track and share your progress

triggers when they occur. Your

team can monitor your progress,

healthcare provider and care

helping you stay on track. All information is confidential and

will not be shared.

by recording cravings and

IN A CLINICAL STUDY OF PEOPLE WITH SUBSTANCE USE DISORDER



Patients using reSET in an outpatient setting were more than 2 times more likely to abstain from substance use than those MORE LIKELY who didn't use reSET.

†Rewards may be virtual (nonmonetary) or monetary (possibly ranging in different amounts) and are

GETTING STARTED

Recovery is a journey, and with reSET, it starts with getting access to the app. Here's how it works:



Your healthcare provider will prescribe reSET.



You'll receive 2 texts from identity and provide you with an

Scan this QR code, and save PearConnect to your contacts. That way, you'll know it's them when they text you.§





After PearConnect sends download the reSET app from your phone's app store and get started.





Make sure you complete 4 lessons every week. Our data indicate that completing 4 lessons per week has been associated with the best outcomes.



I've learned so far, and this program is helping me to grow and move on in my recovery."

-reSET USER





Those who didn't use reSET received treatment as usual.