



- 1. Plan the Training
01 APR ■
- 2. Verify Leaders
01 APR ■
- 3. Recon Site
05 APR ■
- 4. Issue the Plan
12 APR ■
- 5. Rehearsal
01 MAY ■
- 6. Execution
29 JUN ■
- 7. Recovery
01 JUL ■
- 8. Conduct AAR
07 JUL ■

MISSION: HHBN SISCO conducts Ruck March IOT meet requirements for SM to obtain their German Armed Forces Proficiency Badge 29JUN22 at AO XRAY

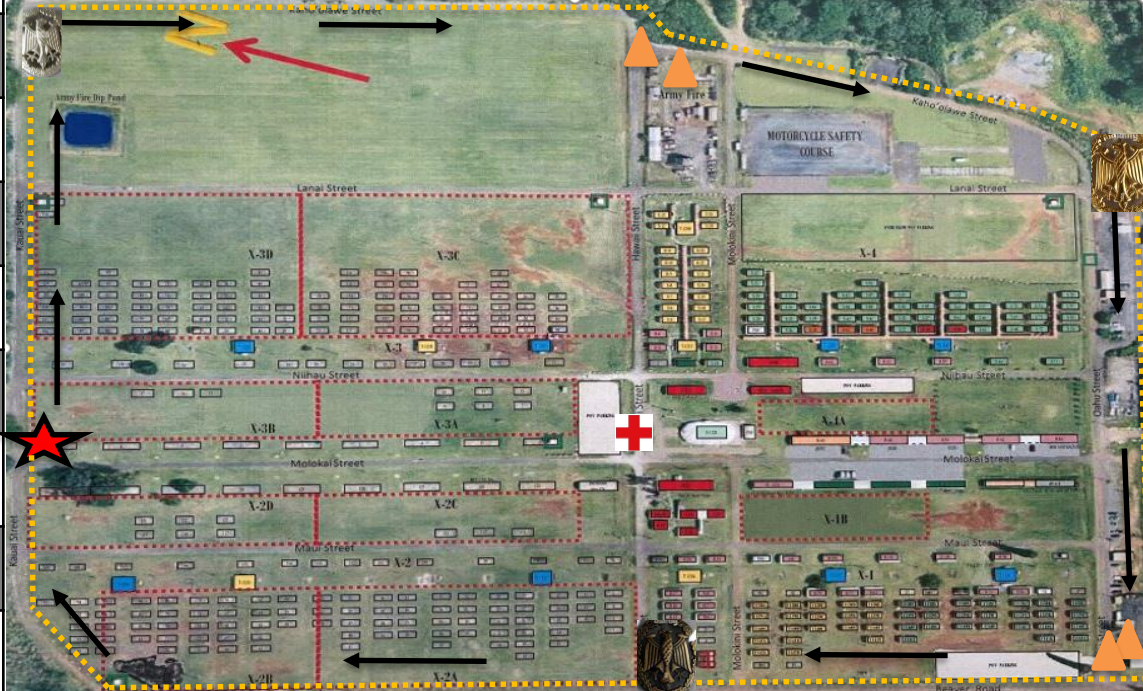
0400
• Arrive to Xray
0410
• Equipment/uniform Inspection
0425
• Route/Safety Brief
0445
• Start of Ruck
0700
• End of Ruck

Scenario: SISCO coordinates ruck in order for every participating soldier to complete for badges in increments of 6KM/3.8MLS in 60 min for Bronze 2.75 9KM/5.6MLS in 90 min for Silver 4.2 12KM/7.5MLS in 120 mins for Gold 5.5

Task Organization
OIC: LT Moorehead

INTERNAL SUPPORT NEEDED

- Medical support



CONCEPT OF OPERATIONS

- We will group soldiers by designating each by badge.
- Each Soldier will be given a colored CHEM LIGHT for identification
- Each lap around x-ray is 1.35 miles long, and Soldiers will complete the lap count corresponding to their Medal.
- We will begin all at one location having graders at ending locations to count laps.
- We will identify the final Bronze, Silver, and Gold finish points with clocks and graders.

- LEGEND**
- Starting line
 - Route
 - Medical Support
 - Extra support to help

Mitigate Risk - MISSION: LOW FORCE: LOW OVERALL: LOW

Weather & Light Data
Temperature: (F): 83-69 BMNT: 1839 EENT: 0700 Precipitation: (85%) Humidity: 45% Wind: 18-34 mph Illumination: (100%)

Communications Plan
P: Fiber A: STT C: HF E: Phone

Sustainment
CLI: 2x water jugs on site CLVIII: Aid Bag, Litter, Thermometer CLX: Fire Extinguisher in vehicles

MEDEVAC PLAN
COA 1: CASEVAC to ACC COA 2: MEDEVAC to Tripler COA 3: AIREVAC to Wahiawa General or Queens Hospital

UNIFORM
OCF BOOTS Water Source 33LB Ruck